



LIONS GATE

Lifestyle. Care. Community. Tradition.

Elderly Home Safety Checklist

Use this checklist to determine whether or not a senior citizen is safe living home alone given the current state of the home. Any NO response indicates an area of concern. NO responses do not necessarily mean that the person can no longer remain home, but indicates areas in which the home may require modifications, or assistance may need to be brought in to ensure safety.

If the senior is unable to perform the task independently mark NO; if a caregiver is available to assist with the task mark CAREGIVER. This will help determine whether the care recipient is safe without a caregiver present.



Home Interior	Yes	No	Caregiver
Stairs inside home are safe			
End of stairs is clearly marked (top and bottom)			
Handrails on both sides of stairs			
Hallways and doorways wide and obstruction free			
Fire extinguisher available			
Smoke detectors present			
Adequate lighting			
Throw rugs absent			
Area rugs secure and safe			
Adequate heat			
Adequate cooling			
Space heaters safe			
Hazardous materials stored safely			
Adequate plumbing			
Absence of rodents/insects			
Adequate trash pickup			
Space free of clutter/debris			
Electrical cords safe			
Safe use of electrical circuits/extension cords			
Furniture arranged to facilitate mobility			
Furniture appears sturdy and in good repair			
Non-carpeted floors are not slippery			
Door thresholds safe			
Safe water temperature			

Safe Storage of Chemicals	Yes	No	Caregiver
Able to distinguish between products			
Chemicals stored away from food			
Outdated products safely disposed			
Flammables kept away from heat			

Exterior	Yes	No	Caregiver
Able to get in/out of front door safely			
Able to get in/out rear door			
Able to retrieve mail/newspapers			
Ramp available, if needed			
Stairs safe and in good repair			
Railing on stairs			
Proper lighting			
Snow/ice removal, when needed			

Bathroom	Yes	No	Caregiver
Able to get into bathroom			
Able to turn on light			
Able to get on/off commode			
Able to safely transfer in/out of tub or shower			
Able to use faucets			
Soap available			
Safe use of transfer bench			
Night light, if needed			
Grab bars available and secure			
Raised toilet seat, if needed			
Non-slip mat or strips in tub or shower			
Proper disposal of soiled incontinence pads			
Adequate cleaning/sanitizing			

Kitchen	Yes	No	Caregiver
Adequate food storage			
Able to recognize if stove/oven is on			
Able to feel heat			
Fire extinguisher available			
Smoke detectors present			
Able to prepare meal			
Able to operate microwave			
Able to get groceries			
Frequently used items within reach			

Pet Care	Yes	No	Caregiver
Pets safe underfoot			
Able to feed pets			
Able to let pet outside			
Able to change litter box			
Able to provide pet adequate exercise			

Bedroom	Yes	No	Caregiver
Able to get in and out of bed			
Room for hospital bed, if needed			
Light accessible			
Phone accessible from bed			
Emergency alert system accessible from bed			
Adequate heat			
Bedside commode			
Flashlight available			
Night light, if needed			

Mobility	Yes	No	Caregiver
Absence of falls			
Balance stable			
Able to maneuver assistive device			
Activity tolerance			
Shoes are safe and comfortable			

Communication	Yes	No	Caregiver
Able to utilize telephone			
Emergency response system available			
Able to use system			
Can call for help in emergency			
Able to exit in emergency			
Able to clearly communicate needs			
Able to hear alarms			

Personal Safety	Yes	No	Caregiver
Safe clothing for ambulation and circulation			
Wears shoes or non-skid socks inside			
Able to self-manage medications			
Safe storage of medications			
Able to manage thermostat			
Able to verbalize and enact emergency plan			

Oxygen Care	Yes	No	Caregiver
No smoking around oxygen			
Able to safely change/refill tanks, as needed			
Tubing does not obstruct safe ambulation			