



# LIONS GATE

Lifestyle. Care. Community. Tradition.

*Inspiring Wellness!*

**Resident Calendar**

**March 2019**

## FRIDAY, MARCH 1

10:30 am	Exercise/ Sit & Fit w/ Gary	BCH	
11:30 am	<b>Trip:</b> Philadelphia Orchestra Sign up in signup book	\$ L	
12:45 pm	<b>LGU</b> Lecture Series Opera w/ Gerry Tremblay	CH	
3:00 pm	<b>LGU</b> Must See Places of The World	CH	
5:00 pm	Kabbalat Shabbat	CH	

## SATURDAY, MARCH 2

11:30 am	Shabbat Service	CH	
2:00 pm	<b>LGU</b> Video Lecture The Celtic World	CH	
6:45 pm	<b>Trip:</b> Symphony C Sign up in signup book	L	
6:45 pm	Duplicate Bridge	MR	
7:00 pm	Movie	CH	

## SUNDAY, MARCH 3

11:00 am	Exercise Video Gentle Stretch	CH	
1:00 pm	<b>LGU</b> Travel Video The Guide to Essential Italy	CH	
1:45 pm	<b>Trip:</b> Phila Theatre Co. Sign up in signup book	L	
2:30 pm	<b>LGU</b> Video Lecture Series 30 Masterpieces	CH	
7:00 pm	Entertainment <i>Pianist: Avi Wisnia</i>	CH	

## MONDAY, MARCH 4

10:15 am	Shopping Bus –Shop Rite <i>Library, Voorhees Town Mall</i>	L	
10:30 am	Resident Council Meeting	BMR	
10:30 am	Exercise/ Sit & Fit w/ Gary	BCH	
11:15 am	Yoga w/ Pam or Eileen	BCH	
1:00 pm	Balance Class w/ Gary	BCH	
2:00 pm	Drama Reading	CH	
2:00 pm	Canasta Lessons	MR	
3:00 pm	Current Events	CH	
7:00 pm	Jewish Nostalgia w/ Cantor Marvin Moskowitz	CH	

## TUESDAY, MARCH 5

10:30 am	Exercise Healthy Joints & Hand w/ Gary	BCH	
11:00 am	Inspirational Horticultural Workshop Signup in sign up book	CH	
1:00	Water Aerobics	PL	
1:30 pm	<b>LGU</b> Lecture Series w/ Professor Irene Sfakianos	CH	
3:30 pm	Chair Tap	BCH	
6:45 pm	Duplicate Bridge	MR	
7:00 pm	Canasta	LBR	
7:00 pm	Movie	CH	

## WEDNESDAY, MARCH 6

10:00 am	French	MR	
10:30 am	Exercise/ Sit & Fit w/ Gary	BCH	
11:00 am	Lecture Series Architectural Treasures of the Keystone State	CH	
11:00 am	Movie Committee	LBR	
1:00 pm	Mahjongg	MR	
1:00 pm	Rabbi's Class	BCH	
7:00 pm	Bridge	MR	
7:00 pm	Music Appreciation <i>Hosted by: Jeff Dershin</i>	CH	

## THURSDAY, MARCH 7

10:15 am	Shopping Bus <i>Shop Rite/Banks</i>	L	
10:30 am	Exercise Healthy Joints & Hand w/ Gary	BCH	
1:00 pm	Duplicate Bridge	MR	
1:00 pm	Canasta	LBR	
1:00 pm	Video Series: The Forsythe Saga episodes 1		
1:30 pm	Water Aerobics	PL	
2:00 pm	Drawing/Painting	AR	
3:15 pm	<b>LGU</b> Lecture Series <i>Hosted by: Steven Pollack</i>	CH	
7:00 pm	<b>LGU</b> Broadway	CH	

## FRIDAY, MARCH 8

10:30 am	Exercise/ Sit & Fit w/ Gary	BCH	
11:00 am	LG Book Club	MR	
12:45 pm	LGU Lecture Series Opera w/ Gerry Tremblay	CH	
3:00 pm	LGU Must See Places of The World	CH	
5:00 pm	Kabbalat Shabbat	CH	

## SATURDAY, MARCH 9

11:30 am	Shabbat Service	CH	
2:00 pm	LGU Video Lecture The Celtic World	CH	
6:45	Duplicate Bridge	MR	
7:00 pm	Entertainment <i>Singer: Joey C Music of Sinatra</i>	CH	

## SUNDAY, MARCH 10

### Daylight Savings Time Begins

11:00 am	Exercise Video Gentle Stretch	CH	
12:45 pm	Trip: PA Ballet Sign up in signup book	L	
2:00 pm	Lecturer: Diane Steinbrink Topic: Ann Frank	CH	
7:00 pm	Entertainment Music of the Philly Pop <i>Presented by: Michael Ludwig</i>	CH	

## MONDAY, MARCH 11

10:15 am	Shopping Bus –Shop Rite <i>Library, Voorhees Town Mall</i>	L	
10:30 am	Exercise/ Sit & Fit w/ Gary	BCH	
	Resident Council Meeting	BMR	
1:00 pm	Balance Class w/ Gary	BCH	
2:00 pm	Drama Reading	CH	
2:00 pm	Canasta Lessons	MR	
3:00 pm	Current Events	CH	
7:00 pm	Jewish Nostalgia w/ Cantor Marvin Moskowi	CH	

## TUESDAY, MARCH 12

10:30 am	Exercise Healthy Joints & Hand w/ Gary	BCH	
11:00 am	LGU Lecture Series: “Inventions of Antiquity” w/ Steve Pollack	BMR	
1:00 pm	Water Aerobics	PL	
1:30 pm	LGU Lecture Series w/ Professor Irene Sfakianos	BMR	
3:30 pm	Chair Tap	BCH	
6:45 pm	Duplicate Bridge	MR	
7:00 pm	Canasta	LBR	
7:00 pm	Movie	CH	

## WEDNESDAY, MARCH 13

10:00 am	French	MR	
10:30 am	Exercise/ Sit & Fit w/ Gary	BCH	
11:00 am	Folkloric Heritage Hands on Drumming Exercise	CH	
1:00 pm	Mahjongg	MR	
1:00 pm	Rabbi’s Class	BCH	
2:00 pm	Taste of Lions Gate Sign up in signup book	CH	
7:00 pm	Bridge	MR	
7:00 pm	Music Appreciation <i>Hosted by: Jeff Dershin</i>	CH	

## THURSDAY, MARCH 14

10:15 am	Shopping Bus <i>Shop Rite/Banks</i>	L	
10:30 am	Exercise Healthy Joints & Hand w/ Gary	BCH	
1:00 pm	Duplicate Bridge	MR	
1:00 pm	Canasta	LBR	
11:00 am	Lecture Series w/ Dr. Steve	CH	
1:00 pm	Video Series: The Forsyte Saga episodes 2		
1:30 pm	Water Aerobics	PL	
2:00 pm	Drawing/Painting	AR	
3:15 pm	LGU Lecture Series <i>Hosted by: Steven Pollack</i>	CH	
7:00 pm	Entertainment Magic of the Gustafosn “LIVE”	CH	



Intellectual



Emotional



Spiritual



Environmental



Financial



Social







Vocational








Physical








## FRIDAY, MARCH 15

- 10:30 am Exercise/ Sit & Fit w/ Gary **BCH** 
- 12:45 pm **LGU** Lecture Series **CH**   
Opera w/ Gerry Tremblay
- 3:00 pm **LGU** Must See Places **CH**   
of The World
- 5:00 pm Kabbalat Shabbat **CH** 












## SATURDAY, MARCH 16

- 11:30 am Shabbat Service **CH** 
- 2:00 pm **LGU** Video Lecture **CH**   
The Celtic World
- 6:45 Duplicate Bridge **MR**  
- 7:00 pm Entertainment **CH**   
*Violinist: Claudia Pellegrini*











## SUNDAY, MARCH 17

- 10:45 am **Trip:** Shopping **L**   
Moorestown Mall  
sign up in signup book
- 11:00 Exercise Video **CH**   
Gentle Stretch
- 2:00 pm Purim Program Hosted by:    
Children's choir TBS  
w/ Cantor Jen Cohen
- 6:45 pm Duplicate Bridge **MR**  
- 7:00 pm Entertainment **CH**   
*Woman of Jazz & Broadway*













## MONDAY, MARCH 18

- 10:15 am Shopping Bus –Shop Rite **L**   
Library, Voorhees Town Mall
- 10:30 am Exercise/ Sit & Fit w/ Gary **BCH** 
- 11:15 am Yoga w/ Pam or Eileen **BCH** 
- 1:00 pm Balance Class w/ Gary **BCH** 
- 2:00 pm Drama Reading **CH** 
- 2:00 pm Canasta Lessons **MR**  
- 3:00 pm Current Events **CH**  
- 7:00 pm New Interactive Game Night **CH**    
Jeopardy Hosted by: DJ Lenny

## TUESDAY, MARCH 19

- 10:30 am Exercise Healthy Joints **BCH**   
& Hand w/ Gary
- 11:00 am **LGU** Lecture Series: **CH**   
“Inventions of Antiquity”  
w/ Steve Pollack
- 1:00 pm Water Aerobics **PL** 
- 1:30 pm **LGU** Lecture Series **CH**   
w/ Professor Irene Sfakianos
- 3:30 pm Chair Tap **BCH** 
- 6:45 pm Duplicate Bridge **MR**  
- 7:00 pm Canasta **LBR**  
- 7:00 pm Movie **CH** 

## WEDNESDAY, MARCH 20







- 10:00 am French **MR** 
- 10:30 am Exercise/ Sit & Fit w/ Gary **BCH** 
- 11:00 am **LGU** Video Lecture Bach **CH** 
- 12:45 pm **Trip:** Arden Bus#1   
Sign up in signup book
- 1:00 pm Mahjongg **MR**  
- 1:00 pm Rabbi's Class **BCH** 
- 1:15 pm Short Story **BMR** 
- 3:30 pm Happy Hour **GR/PB** 
- 7:00 pm Bridge **MR**  
- 7:00 pm At Your Request **CH**   
Hosted by: Jeff Dershin

## THURSDAY, MARCH 21






### PURIM

- 10:15 am Shopping Bus **L**   
*Shop Rite/Banks*
- 10:30 am Exercise Healthy Joints **BCH**   
& Hand w/ Gary
- 11:30 am Purim Service **CH** 
- 1:00 pm Duplicate Bridge **MR**  
- 1:00 pm Canasta **LBR**  
- 1:30 pm Water Aerobics **PL** 
- 2:00 pm Drawing/Painting **AR** 
- 1:00 pm Video Series: The Forsyte Saga   
episodes 2
- 3:15 pm **LGU** Lecture Series **CH**   
Hosted by: Steven Pollack
- 7:00 pm Entertainment **CH**   
Odessa Klezmer Band




## FRIDAY, MARCH 22

- 10:00 am **Trip:** Barnes Foundation \$30 L  
- Sign up in signup book  
By 3/12 min. 10
- 10:30 am Exercise/ Sit & Fit w/ Gary BCH 
- 12:45 pm LGU Lecture Series CH 
- Opera w/ Gerry Tremblay
- 3:00 pm LGU Must See Places of The World CH 
- 5:00 pm Kabbalat Shabbat CH 










## SATURDAY, MARCH 23

- 11:30 am Shabbat Service CH 
- 2:00 pm LGU Video Lecture The Celtic World CH 
- 6:45 pm Duplicate Bridge MR  
- 7:00 pm Entertainment CH 
- LG Drama Reading Group Show



## SUNDAY, MARCH 24









- 10:45 am **Trip:** Shopping Trader Joes L 
- Sign up in signup book
- 11:00 am Exercise Video CH 
- Gentle Stretch
- 7:00 pm Movie CH 

## MONDAY, MARCH 25











- 10:15 am Shopping Bus –Shop Rite Library, Voorhees Town Mall L 
- 10:30 am Exercise/ Sit & Fit w/ Gary BCH 
- 1:00 pm Balance Class w/ Gary BCH 
- 2:00 pm Art Appreciation BMR 
- 2:00 pm Canasta Lessons MR  
- 3:00 pm Current Events CH  
- 7:00 pm Entertainment CH 
- Pianist: Marc Sherma*

## TUESDAY, MARCH 26












- 10:30 Exercise Healthy Joints & Hand w/ Gary BCH 
- 11:00 am LGU Lecture Series: “Inventions of Antiquity” w/ Steve Pollack CH 

- 1:00 pm Lecture Ancient Middle East w/ Professor Judy Okun CH 
- 2:00 pm Tea w/ Kim BCH 
- 3:30 pm Chair Tap BCH 
- 6:45 pm Duplicate Bridge MR  
- 7:00 pm Canasta LBR  
- 7:00 pm Movie CH 

## WEDNESDAY, MARCH 27

- 10:00 am French MR 
- 10:30 am Exercise/ Sit & Fit w/ Gary BCH 
- 12:45 pm **Trip:** Arden Bus#2 Sign up in signup book  
- 1:00 pm LGU Video Lecture Series Shakespeare Uncovered CH 
- 1:00 pm Mahjongg MR  
- 1:00 pm Rabbi’s Class BCH 
- 1:00 pm Wellness Program CH 
- Hosted by Symbria
- 7:00 pm At Your Request CH 
- Hosted by: Jeff Dershin*

## THURSDAY, MARCH 28

- 10:15 am Shopping Bus Shop Rite/Banks L 
- 10:30 am Exercise Healthy Joints & Hand w/ Gary BCH 
- 11:00 am Lecture Series w/ Dr. Steve CH 
- 1:00 pm Duplicate Bridge MR  
- 1:00 pm Canasta LBR  
- 1:00 pm Video Series: The Forsyte Saga episodes 3
- 1:30 pm Water Aerobics PL 
- 2:00 pm Drawing/Painting AR 
- 3:15 pm LGU Lecture Series CH 
- Hosted by: Steven Pollack*
- 7:00 pm LGU Broadway CH 



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Physical

## FRIDAY, MARCH 29

- 10:30 am Exercise/ Sit & Fit w/ Gary **BCH** 
- 10:45 am Dollar Store **L**   
Sign up in sign up book
- 12:45 pm **LGU** Lecture Series **CH**   
Opera w/ Gerry Tremblay
- 3:00 pm **LGU** Must See Places **CH**   
of The World

## SATURDAY, MARCH 30

- 11:30 am Shabbat Service **CH** 
- 2:00 pm **LGU** Video Lecture **CH**   
The Celtic World
- 6:45 pm Duplicate Bridge **MR**  
- 7:00 pm Movie **CH** 

## SUNDAY, MARCH 31

- 11:00 am Exercise Video **CH**   
Gentle Stretch
- 7:00 pm Allegra Concert **CH** 