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Lions Gate Assists New Residents Who Want a Kosher Kitchen.

Voorhees, NJ – A kosher home is an important element in the foundation of Jewish life. Lions Gate Continuing Care Retirement Community CCRC, in addition to being the only kosher Life Plan Community in NJ, also assists its new residents to make sure to maintain a kosher kitchen, if they desire, for meals they prepare themselves in their cottages or apartments.

One couple, Jerry and Judy Franklin, moved into a Lions Gate apartment within the last few months, and chose to come primarily because Lions Gate is a kosher community. "We lived in Bala Cynwyd and keeping kosher is very important." noted Judy. They also decided to make their own kitchen kosher for family visits and Lions Gate was very helpful in their transition. "Since all of our appliances were brand new, it was easy to keep them kosher," added Jerry, "In the olden days, the Rabbi would have to come in with a blow torch and cleanse your appliances which was pretty interesting!" "Of course," smiled Judy, "You can also cleanse your appliances by using self-cleaning cycles or with boiling water if you do not have brand new."

Kosher, a translation of the Hebrew word Kashrut, is the name Jews give to the laws about the kind of food that they may eat. The Kosher laws say that products classified as meat must not be eaten in the same meal with dairy products. In a Kosher kitchen, those products may not be stored together nor the utensils used for each. They must be separated in storage, shelfing and cleansing. Lions Gate is accommodating new residents who want to keep kosher in their apartments by providing double sinks and movable units with additional storage and counter space to allow that separation of foods and food preparation.

Affiliated with the Jewish Federation of Southern New Jersey, Lions Gate CCRC is a not for profit, fullservice continuing care retirement community of more than 300 residents, with senior living options ranging from Independent Living to a full continuum of on-site care such as Assisted Living, Skilled Nursing and Long-Term Care, Short-Term and Outpatient Rehabilitation and Memory Care. An active art studio, full length, indoor, heated pool, fitness center, musical & theater events, monthly excursions are among the many activities provided to residents. Lion's Gate University offers continuing education and lifelong learning classes. Lions Gate provides 100% kosher dining and is situated on 50 acres in Voorhees, NJ just off Haddonfield-Berlin Road. Visit <u>www.lionsgateccrc.org</u>

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