



LIONS GATE
Lifestyle. Care. Community. Tradition.

Inspirations

SPRING 2022

TACOS & TEQUILA & Tzedakah

Tacos is back and better than ever!

This year's Tacos & Tequila event was an absolutely spectacular night of awesome food and great friends! "Tacos is always a great event for Friends of Jewish Senior Housing," said Aimee Levin, Friends Chair. "But this year's crowd totally blew us away. The laughter, the enthusiasm, and the sheer generosity was off the charts. Over 250 guests were in attendance, and we can't thank everyone enough for coming. It was by far our most successful event ever!"

At this year's event, three very deserving people were honored. Michael Frankel received the Ethel J. David Award, and Ann & Paul Simon received the Sis Levy Award. All three are pillars in the community, and have given so much of their time and talent over the years to Friends of Jewish Senior Housing events. We thank them for their hard work, and congratulate them for making such a tremendous difference in the lives of our seniors.

As the night wore on, everyone enjoyed the food, including everything from spicy tuna shooters to mahi ceviche tacos. The tequila tastings were a crowd favorite, and plenty of people enjoyed the margarita bar as well. "The live mariachi band was excellent," said Lisa Goldwasser, Lions Gate Director of Philanthropy. "It was a beautiful night to connect with friends — the party was hopping all night long. Everyone was so happy to come together to support Friends of Jewish Senior Housing."



From left to right, Meredith Becker, Michael Freedman (Presenting Sponsor), Ashley Freedman, Jared Mandel and Lisa Goldwasser.

There were many fabulous prizes auctioned off throughout the night, but the highlight of the evening was The Big Tamale trip raffle. Michael Hall was the lucky winner of a 5-night stay for a party of six at the resort of their choice in either Turks & Caicos, Puerto Vallarta, or Costa Rica. "I can't thank Friends of Jewish Senior Housing enough," said Michael. "I'm thrilled to have won the trip. My plan is to take a group of friends to the Turks & Caicos resort next spring. It is going to be the trip of a lifetime! It was my pleasure to support this fundraising event, and to support all the good work Friends does at Lions Gate and Saltzman House."

We hope everyone enjoyed Tacos & Tequila 2022, and look forward to seeing everyone at next year's event on May 4, 2023.

SAVE THE DATE!

Use this summer to practice your short game so you can take to the links with confidence for the Susan Love Golf Classic!



This year's event is looking to bring together the greater Voorhees community, friends and family of Susan Love, and golf enthusiasts of all ages for a day of fun, all to benefit Friends of Jewish Senior Housing. "Last year's inaugural event was terrific!" said Lisa Goldwasser, Lions Gate's Director of Philanthropy. "And this year we have even MORE planned — MORE silent auction raffles, MORE prizes, games, and giveaways, MORE of the area's leading food trucks, and MORE cool vehicles from the Voorhees Police and Fire Departments to entertain the kids. You won't want to miss it."

Be sure to save the date — Sunday, September 18, 11am – 3pm at Golf Land, 801 Haddonfield-Berlin Road in Voorhees. We're hoping to fill the greens with foursomes of all ages!"

This year's event will be co-chaired by Aimee Levin and Glenn Sloves. If you'd like to become a sponsor, please contact Lisa Goldwasser at:

Phone: (856) 679-2189 Email: LGoldwasser@LionsGateCCRC.org

Looking forward to seeing everyone in September!

Celebrating Shavuot

A Chat With Rabbi Rayna



Q. Let's celebrate the joy of Shavuot! Where do we start?

A. *Passover and Shavuot are the big spiritual events of spring. Passover represents liberation — when the people of Israel were freed from their enslavement to Pharaoh. And Shavuot represents revelation — when the Israelites were given the Torah and became a nation committed to serving G-d. On its most fundamental spiritual/religious level, Shavuot celebrates the revelation of the Five Books of the Torah by G-d to Moses and to the Israelites at Mount Sinai. Symbolically, Shavuot reminds us to continually renew our connection to Torah and Judaism. Shavuot reenergizes us to read the Torah with fresh eyes, and a new appreciation.*

Q. What does that revelation at Mount Sinai symbolize for us?

A. *Shavuot connects us, the modern “us,” to what was happening to our ancestors. In Deuteronomy 29:13-14, Moses is telling the people that G-d is not only making this binding covenant with those assembled there, but amazingly “with those who are not here with us this day.” This is largely understood to be us, the future generations — we were all included in some way in this transformative moment in our collective history. So in a pretty direct way, Shavuot is marking and celebrating our (the multi-generational “our”) receiving of Torah. There is an incredible midrash from Shemot Rabbah in which Rabbi Yochannan teaches that the Torah was given simultaneously in 70 languages so that every person assembled (regardless of gender, or age, or ability) was able to understand and engage with it. That's a miracle! This teaches me that Torah and revelation are for everyone, and that valuing everyone's presence and participation in community is central.*



Q. Why is Shavuot known as the “Feast of Weeks”?

A. *Shavuot marks the conclusion of the Counting of the Omer. Its date is directly linked to that of Passover. The Torah mandates the seven-week Counting of the Omer, beginning on the second day of Passover, to be immediately followed by Shavuot. This connects to the agricultural aspects of the holiday.*

Q. What is the significance of wheat for Shavuot?

A. *The Feast of Shavuot celebrates the grain harvest for the summer, specifically of wheat. In ancient times, the grain harvest lasted seven weeks and was a season of gladness (Deut. 16:9-11). It began with the harvesting of the barley during Passover and ended with the harvesting of the wheat at Shavuot. In biblical times, Shavuot was one of the three*

pilgrimage festivals (Passover, Shavuot, and Sukkot) in which all the Jewish men would go to Jerusalem and bring their first fruits of the season as offerings to G-d.

Q. Why do people stay up all night on Shavuot?

A. *Tikkun leil Shavuot is the custom of staying up all night studying Torah. It's meant to show your eagerness to receive revelation. But how did this custom start? As far as I know, it all goes back to the very first Shavuot — the day G-d gave Moses the Torah at Mount Sinai. The Midrash records a fascinating story. The night before the giving of the Torah, the people did what anybody does before an important event — they turned in early for a good night's sleep. The next morning, when it came time for the Torah to be given, the place was empty. All the people had slept in. The Midrash even recounts that Moses had to wake them — causing G-d to later lament, “Why have I come and no one is here to receive me?” The story remains a shameful part of our history, and is at the heart of the custom of staying up late. In order to rectify our forefathers' mistake, we stay up late every Shavuot night to show that our enthusiasm isn't lacking at all. We could opt to go to sleep, but instead we spend the night learning. We stay up so that every part of us, both the physical and the spiritual, is prepared for the Torah.*

Q. Let's talk cheesecake! Why do we eat dairy on Shavuot?

A. *This is actually a pretty interesting question, as there are a number of potential answers. One answer, and this is the one I grew up hearing most, is that once the people accepted the Torah, they became bound by its precepts and didn't have the capacity to put together a kosher meat meal, so they opted for dairy instead; though after all they'd been through, I imagine it was the energy they might have lacked most! Another possibility relies on gematria (the Hebrew numerological system) wherein the numerical value of the word for milk, chalav, is 40, the number of days Moses was on the mountain to receive the 10 commandments. No matter the reason, typically, Shavuot is when we eat everything from cheesecake to cheese blintzes to cheese kreplach. It's easy to see why Shavuot is a joyous holiday. Any holiday that includes ice cream and whipped cream is certainly full of joy to me! May you embrace the joy of Shavuot and renew your acceptance of G-d's gift, as G-d “re-gives” the Torah to us all.*

2 Fabulous Apartment Floor Plans

Cottage or Apartment? Find the floor plan that best suits your needs!

One of the best things about living at Lions Gate is that new residents have their pick of 13 different apartment layouts and two different cottage layouts. Why so many choices? It's all about finding the best sized apartment for you. "We call it 'right-sizing,'" said Nancy Dawson, Lions Gate's Move-In Coordinator. "We work with you to find the perfect fit that will meet your current needs. If you're someone who has a hobby that requires a dedicated room, like a sewing room or crafting room, you might want to look at a cottage, or a 2-bedroom apartment with a den. But if you're someone who feels invigorated by downsizing and having less 'stuff,' then perhaps a 1-bedroom apartment with a beautiful patio is the right choice for you. Currently we have limited inventory, so prospective new residents should reach out now to reserve the floor plan that they prefer."

BIRCH



1 Bedroom / 1 Bathroom • 753 Square Feet

Lions Gate's menu of 13 unique apartment layouts range from 680 to 1,730 square feet. Let's take a look at The Birch Model today.

The Birch is a one bedroom/one bath apartment, featuring 753 square feet of living space. Once inside, the roomy foyer includes a full coat closet. The open kitchen looks out onto the airy living room/dining room space that measures a generous 13' x 21'. "The living room in the Birch is so versatile," said Nancy. "There's room to set up a dining area with large table and chairs as well as an entertaining area with sofas and a TV. The full bathroom includes a washer and dryer, and the bedroom has a very large walk-in closet. The bedroom windows look out onto a balcony, so there's plenty of sunlight. The Birch is a favorite with many of our residents."

COTTAGE B



2 Bedroom / 2 Bathroom • 1518 Square Feet

Lions Gate cottages are semi-detached homes that include a garage, patio, and 2 bedrooms/2 bathrooms. Two different floor plans are available, so let's take a peek at Cottage B, featuring a gorgeous 1,518 square feet of living space.

The cottage welcomes you with a beautiful porch that stretches across the entire front of the residence. Once inside the cottage, the L-shaped living room/kitchen/dining room is simply enormous, with two large banks of windows looking out onto green open space. There's a lovely patio right off the dining room that's perfect for grilling. Both bedrooms feature generous closet space, with additional storage in the hall closet as well as a large closet in the laundry room. The 1-car garage even has room for a workbench for hobbyists. "Our cottages are simply gorgeous," said Nancy, "and give our residents the best of both worlds. They have that 'lock & leave' lifestyle like a regular house, but then they also have dinner with friends in our dining room every night so it's very social."

Give Angela Stevens a call today at (856) 679-2357, to make an appointment to take a tour of The Birch or the Cottages. These beautiful residences are just two of the many housing options available today at Lions Gate!

Residents enjoy some pampering at the 1st Annual *Day of Love*!

Susan Love was the long-time CEO of Lions Gate. Since her passing in January 2021, residents and staff have found touching ways to pay tribute to her. On March 16th, Lions Gate hosted a “Day of Love” in honor of Susan Love, and residents were treated to a manicure or hand massage from Matura Salon and Spa.

“This is the nicest thing,” smiled resident, Ruth Gross. “I just think it’s wonderful. Getting treated to a manicure may not seem like a big deal, but it really is. Activities like this are why I love it here at Lions Gate.”

Gladys Greene agreed. “It feels luxurious to get your nails done on this beautiful Spring day,” she said.

“Look how gorgeous my nails turned out,” smiled Claire Drachman. “I like to always have my nails polished, and these ladies did a great job!”

The hand massage was a popular choice with many. “My hands don’t feel so stiff anymore,” said Eva Vlessing. “It makes my blood circulate!”

Barbara Lavin was on the same page. “The hand massage feels

wonderful,” she said. “Susanne is doing a terrific job.”

Jackie Levitt concurred. “What a joy to have this today,” she said. “This massage is exactly what I needed.”

Len Feldman represented the men of Lions Gate at the Day of Love. “What a great idea!” he said. “I’m so glad I stopped in.”

The last appointment of the day went to Molly Lou Conrad. “I haven’t had a professional manicure since several years before moving here,” she said. “It’s been a long time since I treated myself to a manicure. Thank you, Lions Gate!”

Fondly remembering Susan Love today and everyday, this 1st Annual Day of Love was a chance for residents to relax and spend some time reminiscing over the many happy times spent with Susan. Susan would have loved this day of pampering. May her memory be a blessing.



Resident Ruth Gross enjoys getting a manicure during the “Day of Love” event.

LIONS GATE UNIVERSITY

Rabbi Shaffer Keeps The Conversations Lively In His Jewish Studies Class

Rabbi Ian Shaffer’s Jewish Studies class is always engaging, covering a wide range of topics from Bible studies to a discussion of current events, but it’s his lilting British accent that immediately draws you in to this dynamic class. While the accent may capture your attention, it’s the thoughtful presentations that challenge your way of thinking.

“Teaching at Lions Gate is one of the great joys of my week,” smiled Rabbi Shaffer. “This group is so well-read, so widely-traveled, and so participative, the discussions we have are a joy to moderate. I can’t tell you how much I love teaching here.”

Born in the UK, Rabbi Shaffer attended Jews College in London, and earned a BA (hons) and MA in Jewish Studies in 1990. He received his Rabbinic ordination from Gateshead Yeshiva, UK, and from Kotel Meretz in Mevasseret Zion, Israel. He was a pulpit Rabbi in London for three years, and also worked in London at Immanuel College (high school) as deputy head of Jewish Studies for eight years. He moved his wife and three children to the US in 1998, and started teaching Navi/Bible at Stern College, Yeshiva University, in September 2001. He also worked at Barnard College as the supervisor for Kosher food services, and taught various programs in



Bergen County and Cherry Hill. He gave a public weekly shiur on Bible for a number of years, which appeared on yutorah.org. And over the years, he established a tremendous senior following through his programs at Block and Hexter summer camp in the Poconos and at Camp Emanuel in the Berkshires.

Rabbi Shaffer started teaching at Lions Gate in 2021. His Jewish Studies class immediately became a resident favorite. “This week we delved into how the dawn of mass produced printed material in Italy back in 1475 really challenged the Jewish community to consider Yagdil Torah — The Torah should be available for everyone. But should a document that has been handwritten for thousands of years suddenly be printed with a copy for everyone? Does Jewish law protect the author’s ownership of his work when the law of the land does little to stop the printing of a book by multiple competing publishers? When does Jewish law take precedence over the law of the land? It’s really a fascinating debate that many famous rabbis have weighed in on over the centuries. Jewish texts were so valued that Jewish law carried great weight in the arguments surrounding the development of copyright law.”

LIONS GATE Environmental Club Celebrates the 150th Anniversary of Arbor Day!

April 29th dawned bright and breezy, the perfect kind of sunny day to celebrate the beauty of the great outdoors. Members of the Lions Gate Environmental Club enthusiastically gathered for a double celebration of Earth Day AND the 150th Anniversary of Arbor Day. Jackie Levitt, Vice Chair of the Environmental Committee, kicked off the festivities with welcoming remarks. "2022 marks the 150th anniversary of the first Arbor Day in America," Jackie said. "As pioneers began moving into the Nebraska Territory, the lack of trees on the prairie was felt deeply. The Secretary for the Nebraska Territory, Sterling Morton, proposed a tree planting holiday to be called 'Arbor Day.' On April 10, 1872, settlers planted an estimated one million trees across the bare prairie that first Arbor Day. By 1920 more than 45 states were celebrating Arbor Day, and today it is celebrated across the country and around the globe. Today, each year on Arbor Day millions of people gather to celebrate trees and plant for a greener tomorrow*."

The residents on the Lions Gate Environmental Committee were excited about their plans to plant a butterfly garden this spring, and continued the celebration by joining in to sing the original song "Reduce, Reuse, Recycle" written by Lions Gate resident, Bernice Zaslow. (Bernice passed, and her husband, Bill Zaslow, was happy to contribute this song to the celebration.) Arnold Galpern, head of the Grounds Committee, shared the plans they have in the works for planting Memorial Trees on the Lions Gate campus. "So many of us like to have a tree planted in honor of a friend or loved one who has passed," said Arnold. "We all usually opt to have a tree planted in Israel, but now we hope to set aside an

area right here on the Lions Gate campus so that we can have a local area dedicated to memorial plantings. And those of us who like to garden are planning to continue to help with the beautification of the grounds by adding more annuals and perennials in the many beds around the campus. The campus always looks beautiful, but with an experienced gardener's eye, we add plantings with a pop of color all around Lions Gate that looks gorgeous in the spring and summer."

Residents Lois Goldberg, Dining Chair, and June Levine both spoke about Lions Gate's efforts to go green in the dining room. "Meredith Becker, Lions Gate's COO, spoke to those of us on the Dining Committee about how our campus is more green than ever before," said Lois. "Now that New Jersey has banned single use plastics, the dining room has eliminated plastic bags. Residents were all given a reusable shopping bag for when they want to carry take out food to their apartments. The Styrofoam take-out containers have also been replaced with a more environmentally friendly container. I'm proud that we're all doing our part to help save the Earth."



From left to right: Jackie Levitt, Lois Goldberg, Jerry Franklin, Charlie Heckheimer, June Levine, Arnold Galpern, Eva Vlessing, Lorraine Silver, Beverly Solomon and her dog, Skittles.

To round out the Earth Day/Arbor Day celebration, the Lions Gate Environmental Committee also coordinated a campus-wide shredding event. Pro Shred Security collected paper materials from residents, and shredded them on site. "We're happy to bring our mobile shredding service right to the Lions Gate campus," said Kyle Smith, Director of Finance at Lions Gate. "Lions Gate has always been ahead of the curve on recycling, and we're happy to support their efforts."

Thank you, everyone, for doing your part to Reduce, Reuse, and Recycle!

(*Sourced from the Arbor Day Foundation, www.arborday.org)

Meet Tom Devinney, New Director of Sales & Marketing



Tom understands the culture of “family.”

“I was one of ten children,” laughs Tom. “When you have a family that big, you have to look out for each other. That’s how I approach my job. Every family that walks into my office to learn about Lions Gate is important, and I want to look out for them. It doesn’t matter whether they end up choosing to move into Lions Gate or not. What matters is that they find the right community for them for the next stage of their life. And it’s the little things that determine whether a community is the right fit for a person. Some people want to bring a pet. Many people have special dietary needs. Others seek a community that shares their faith. No community is going to be a perfect fit, but with so much to offer, Lions Gate is a great fit for many.”

Tom was born and raised in Delaware County, PA, and attended Temple University. He currently lives in West Chester, PA, with his wife and three daughters. “I have worked in senior living for over 20 years,” said Tom. “I chose to work at Lions Gate because of the strong culture here. The community’s foundational values of Jewish faith and traditions are so important, but I was also really struck by the

culture of inclusion and friendship here. Believe me, not every senior living community can say that. It’s a sense of openness and warmth that starts at the top down. From the administration, to the staff, to the residents, I like the way everyone treats one another with respect. I’m excited to be part of the team here in the Marketing & Sales department.”

Tom joined Lions Gate as Director of Sales & Marketing in April 2022. “When I host a tour of this community, there’s no need to make a sales pitch,” said Tom. “It’s obvious to everyone who walks through the front doors that Lions Gate is a beautiful community. The important information to share with visitors is that living in a LifePlan community like Lions Gate can add up to seven years to your life. The maintenance-free lifestyle, the delicious kosher food, all the activities and socialization opportunities, plus the continuum of care on site all add up to one thing — a long and happy life. I want that for everyone who walks into my office.”

Welcome aboard, Tom. We’re happy to have you!

Tom is available to give personal tours of Independent Living. Call him for an appointment today at (856) 679-2202.

Introducing New Assisted Living Sales & Marketing Director, Phil Popper



For Phil, working in healthcare is all in honor of his parents. “My mom battled through multiple bouts of cancer over a 14-year span,” said Phil. “She had more chemo treatments than I can count. But through it all, one thing was constant — the kindness of the medical staff. From doctors to nurses, from aides to techs, whether it was a new treatment or entering hospice at the end, every single one of them treated my mom like family. And when you are trying to support a loved one who is sick, that compassion means the world to you. After my mom passed, I decided to go into healthcare because I wanted to offer others the same dignity, care, and respect that had been shown to my mom. That has been my guiding mantra for the last 18 years. I absolutely love what I do.”

Phil grew up in Cherry Hill, and now resides in Marlton with his wife, two sons, and three dogs. A graduate of the University of Pittsburgh, he has worked in the healthcare industry at locations throughout the South Jersey region. “I started in healthcare staffing,” said Phil. “I then moved into Home Care, and later into Assisted Living. There I learned all about the therapies and rehabilitation available to Assisted Living residents that really adds to their quality of life. After

that, I was ready to focus my efforts on leading an Assisted Living Memory Care only community. I built that community from the ground up, and made sure that each and every resident was cared for like family.”

Phil joined Lions Gate as the Assisted Living Sales & Marketing Director in May 2022. “Everyone is so welcoming here,” said Phil. “I’m a veteran in this industry, and I can honestly say there is nothing like Lions Gate anywhere else. It’s a really beautiful thing when a faith-based community has so much support from the community-at-large. And the quality of care here is second-to-none. The staff is so kind and so experienced, and that is a combination that is hard to beat. The Covid protocols here are exceptional. There’s not a single Covid case in Assisted Living. With cases rising everywhere else, that’s note-worthy. I’m just really proud to join this team. The caring, compassionate staff in Assisted Living cares for the residents like family. It’s a joy to come to work.”

We’re thrilled you’ve joined the Lions Gate team, Phil. We like your positivity.

Phil is happy to give families personal tours of Assisted Living. Call him for an appointment today at (856) 679-2397.

Delicious Homemade Hamantaschen Sale Raises Money For Ukraine

The scent of warm apricots and cherries fills the air, as Rose Glassberg pulls a cookie-sheet full of golden brown hamantaschen from the oven. “I have my own recipes,” said Rose. “I start by making a lemon puree and an orange puree, and add it to the hamantaschen dough as well as to the filling. I make apricot, cherry, prune, and poppy seed hamantaschen. It’s really a labor of love from me to my friends and family.”

Rose was an English professor at Glassboro State College (now Rowan University) for 27 years, and head of the AFT, their teacher’s union. She was instrumental in starting a scholarship fund with her union. After she retired, she became head of the AFT’s Retirees Chapter at Rowan, and that group voted unanimously to start a scholarship fund. “That was the first time I ever tried to sell my hamantaschen,” laughed Rose. “My family said my hamantaschen were so good, that I should sell them. I was looking for ways to raise money to contribute to the scholarship fund, so I thought I’d give it a try. It became an annual tradition of mine to bake and sell hundreds of hamantaschen, and donate all of the proceeds to our scholarship fund.”

Rose’s great-niece is currently a journalist in Germany, and is very



involved in covering the Ukrainian refugee crisis in Poland. “My great-niece told me about the Jewish

bakers in Berlin selling hamantaschen, and donating the proceeds to the Polish Relief fund,” said Rose. “1.2 million Ukrainian refugees have come through Poland, and more cross the border every day. So I pulled out my rolling pin, and got to work.”

Word of Rose’s efforts to raise funds for the Ukraine spread through Lions Gate like wild fire. “People were coming up to me, and handing me cash,” said Rose. “I get faklemt just talking about it. To be in a place with people this giving and supportive tells me this is where I want to be. I am truly touched at the outpouring of generosity. I’m so glad that I chose to move here.”

Lions Gate’s participation in “Hamantaschen for the Ukraine” raised \$750 through donations and sales. Thank you, Rose — save us a hamantasch next Purim!

NOTE: The global Hamantaschen fundraiser can be found at [Instagram.com/hamantashen_for_ukraine/](https://www.instagram.com/hamantashen_for_ukraine/) and the website with a link to the Polish charity that received Rose’s hamantaschen money is <http://www.hamantashenforukraine.com>

It’s Easy To Stay Fit At The LIONS GATE Fitness Center!



Meet Dave Correa, the Senior Fitness Program Specialist at Lions Gate. “Staying fit is so important at every age,” said Dave, “but it’s especially important for seniors. It’s my goal to keep Lions Gate active and healthy for many years to come.”

Dave works with residents one-on-one for personal training sessions.

“Residents make an appointment to visit

the fitness center, and I put together a personal fitness plan for them,” said Dave. “For me, there always needs to be a WHY behind the plan. We talk about their goals, whether they have any current physical issues or pain, and we make sure their plan addresses all of it. I usually have them pop down to the fitness center two times a week, and they are always amazed at how much they can achieve in a short period of time.”

The Fitness Center features a treadmill, free weights, and stationary bikes. “The bike and treadmill helps with coordination,” said Dave. “I add in resistance band exercises for stretching, and I include stress balls to address arthritis stiffness. The Fitness Center is open Monday through Friday,

9am – 4pm, and there’s ample room for 6 people to workout at a time. It’s a great little gym.”

Dave also holds plenty of exercise classes to keep everyone moving. “Everyone really likes the Mind, Body & Soul class,” smiled Dave. “That’s Monday through Friday at 10:30am. In this class we work on balance and stretching. That’s really the best way to prevent falls. I also include meditation in this class to help people manage stress. I have plenty of residents who make it a point to start their day here everyday.”

Dave doesn’t stop with daily stretching classes and personal training in the gym. “I also host an Aqua Aerobics class 3 times per week: Mondays at 2:30pm, Wednesdays at 1pm, and Fridays at 10am,” said Dave. “For people who like the water, it’s a great workout that doesn’t put any pressure on your joints. And for those who like a little healthy competition, I also have Ping Pong Club on Tuesdays and Thursdays at 9:30am. It’s a great way to improve and maintain balance. I also do a Boxing workout by appointment. Boxing is a great way to improve balance and coordination, increase stamina and endurance, and strengthen hands.”

For personal training or boxing appointments with Dave, call the fitness center anytime at (856) 454-5202



www.lionsgateccrc.org
(856) 679-2357

Lions Gate | 1110 Laurel Oak Road | Voorhees, NJ 08043 | Phone: (856) 679-2357

Lions Gate Classical Music Guild Concerts are BACK!

If there's one thing that everyone seemed to miss during the pandemic, it was live music. The Lions Gate Classical Music Guild has been proud to host 6-8 concerts each year right in Commons Hall, but the Guild put all live concerts on hold as per CDC guidelines. "Starting last fall, in-person concerts were once again allowed," said Yeva Rubinstein, Music Guild Chair. "Residents have returned to support our concert series with such enthusiasm."

The Lions Gate Classical Music Guild partners with Allegro Music Consultants to bring extraordinary, award-winning classical musicians right to Lions Gate. The entire community is invited to hear a spectacular array of world-class vocalists and instrumentalists right on their own campus. "Our artists are laureates of the most prestigious emerging artists programs, and graduates of the world's most outstanding conservatories," said Bonnie Slobodien, founder of Allegro Music Consultants. "The goal of Allegro Music Consultants is to give emerging artists the opportunity to share their talents with appreciative audiences. And no audience is more appreciative than the Lions Gate Classical Music Guild members. We have partnered with them for many years, and the residents have been treated to some of the most spectacular classical music performances of their lives. There's something about the Lions Gate audience that brings out the best in our performers."

A recent Lions Gate Classical Music Guild concert featured Sonya Ovrutsky Fensome, in a program titled "The Sound of Color: Classical Piano Music Inspired by Visual Arts." The concert repertoire featured works by Claude Debussy and Modest Mussorgsky. "Sonya's performance was spectacular," gushed Elinor Kase, a Music Guild member. "The audience was so moved, that she received a standing ovation. We had a wonderful turnout at tonight's concert, and I hope Sonya returns next year."

While the Guild raises funds to host the concerts on the Lions Gate campus, some concerts have been paid for by generous sponsors. The Sonya Ovrutsky Fensome concert was presented in honor of Elinor Kase, made possible through the generous sponsorship of Kingdon and Susan Kase, her son and daughter-in-law. "This concert was



certainly an honor, but my children honor me every day," smiled Elinor. "Sonya Ovrutsky Fensome was just wonderful, and to be able to share this experience

with all of my friends in the Guild and the rest of the Lions Gate community has been so touching. I am overwhelmed."

Elinor's children not only sponsored the concert, but also provided light refreshments for all. As the last notes drifted off into the night, and friends chatted over cookies and soda, the feeling of happiness that filled the room was palpable. "Music is back at Lions Gate," smiled Yeva Rubinstein. "Where there is music, there is peace."



The Lions Gate Classical Music Guild is hard at work planning a full slate of concerts starting in the fall. If you would like to sponsor a classical music concert at Lions Gate, please contact Yeva Rubinstein at (856) 296-1227 (cell) or (856) 545-3079 (home).