







FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1</p> <p>8:30 Supervised Pool Swimming 10:00 French MR 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/Steve Pollack CH 1:30 Tech4 U /Advance BMR 2:15 Cantor Class w/Cantor Jana CH 1:00 Mahjongg MR 2:00-4:15 Art Class AR 7:30 The Jeff Dershin Show CH</p>	<p>2</p> <p>9:30 Exercise Video CH 10:30 Mind, Body & Soul w/ Dave BCH 11:00 Shopping Bus - Shop Rite <i>Boscov's, Walmart, Dollar Store</i> 11:00 LGU Ethics in Modern Life w/ Sarah Rosenson MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 3:00 LGU Lecture Series: w/ Stuart Liss CH 7:30 Broadway w/Leila Joffe CH</p>	<p>3</p> <p>8:30 Supervised Pool Swimming 10:00 Chair Yoga w/Dave BCH 11:00 Short Story CH 1:00 LGU Lecture Series CH Opera w/ Gerry Trelmbay 5:00 Kabbalat Shabbat CH</p>	<p>4</p> <p>11:30 Service CH 7:30 Netflix /Movie CH</p>
<p>5</p> <p>11:00 Exercise Video CH <i>Gentle Stretch</i> 2:00 LGU Art Appreciation CH w/ Professor Irene Sfakianos 7:30 Entertainment CH <i>Violinist: Claudia Pelligrini</i></p>	<p>6</p> <p>8:30 Supervised Pool Swimming 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite <i>Library, Target, Bank L</i> 1:30 LGU Music Appreciation w/ Michael Ludwig CH 2:00 Canasta MR 3:00 TuB'Shevat Seder CH 3:00 Current Events MR w/ Jeanette Axelrod 7:30 Speaker Series: Chai H. Respes Topic: Jews of Color</p>	<p>7</p> <p>9:30 Exercise Video CH 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/Gary Scarpello CH 1:00 Tell Your Story: Memoir writing w/ Elena Winter MR 3:15 Yiddish Conversation MR 7:30 Entertainment CH Singer: Meredith Beck</p>	<p>8</p> <p>8:30 Supervised Pool Swimming 10:00 French MR 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: CH 12:30 Trip : Arden Theatre SL 1:00 Ask the Therapist CH 1:00 Mahjongg MR 1:30 Tech4 U /Advance BMR 2:00-4:15 Art Class AR 3:00 Happy Hour GR 7:30 Netflix /Movie CH</p>	<p>9</p> <p>9:30 Exercise Video CH 10:30 Mind, Body & Soul w/ Dave BCH 11:00 Shopping Bus - Shop Rite <i>Boscov's, Walmart, Dollar Store</i> 1:00 Duplicate Bridge MR 1:00 Canasta LBR 2:00 LGU Lecture Series: w/Ira Miller CH 3:00 LGU Lecture Series: w/ Stuart Liss CH 7:30 Broadway w/Leila Joffe CH</p>	<p>10</p> <p>8:30 Supervised Pool Swimming 10:00 Chair Yoga w/Dave BCH 11:00 LGU Lecture Series CH w/ Dr. Steve 1:00 Speaker Series : Zac Vlessing Topic: Climate Control CH 5:00 Kabbalat Shabbat CH</p>	<p>11</p> <p>11:30 Service CH HONORING BLACK HISTORY MONTH 7:30 Movie CH 10,000 Black Men Named George Hosted by Rose Glassberg</p>
<p>12</p> <p>11:00 Exercise Video CH <i>Gentle Stretch</i> 1:00 Knitting with Sybil GR 2:00 LGU Art Appreciation CH w/ Professor Irene Sfakianos 7:30 Future Stars Concert CH</p>	<p>13</p> <p>8:30 Supervised Pool Swimming 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/ Judy Okun CH 11:00 Shopping Bus - Shop Rite <i>Library, Target, Bank L</i> 1:30 Resident Association Meeting 2:00 Canasta MR 3:00 Current Events CH 7:30 On Stage Live CH <i>Groucho Marx</i></p>	<p>14</p> <p>9:30 Exercise Video CH 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Video Lecture Series: Shakespeare uncovered: Richard II 12:00 Men's Only Chew & Chat BCH signup by 2/6 1:00 TOLG DR signup by 2/6 2:30 LGU Travel & Photography CH 3:30 Drama Group CH 7:30 Men's Movie Night MR 7:30 Netflix /Movie CH</p>	<p>15</p> <p>8:30 Supervised Pool Swimming 10:00 French MR 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/Steve Pollack CH 1:00 Mahjongg MR 1:00 LGU Lecture Series: w/Herb 2:00-4:15 Art Class AR 2:15 Cantor Class w/Cantor Jana CH 7:30 The Jeff Dershin Show CH</p>	<p>16</p> <p>9:30 Exercise Video CH 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite <i>Boscov's, Walmart, Dollar Store</i> 11:00 LGU Ethics in Modern Life 1:00 Duplicate Bridge MR 1:00 Canasta LBR 3:00 LGU Lecture Series: w/ Stuart Liss CH 7:30 Broadway w/Leila Joffe CH</p>	<p>17</p> <p>8:30 Supervised Pool Swimming 10:00 Chair Yoga w/Dave BCH 11:00 LGU Lecture Series CH w/ Dr. Steve 10:45 Trip: Museum of the American Revolution signup by 1/27 1:00 LGU Lecture Series CH Opera w/ Gerry Trelmbay 5:00 Kabbalat Shabbat CH</p>	<p>18</p> <p>11:30 Service CH 7:00 Trip: Symphony & C SL Signup by 2/14 7:30 Speaker Series: Steve Pollack CH Topic: Influential Black Americans</p>
<p>19</p> <p>11:00 Exercise Video CH <i>Gentle Stretch</i> 11:00 LG Book Club MR 2:00 LGU Art Appreciation CH w/ Professor Irene Sfakianos 7:30 Entertainment CH Songstress: Elyse Langley</p>	<p>20</p> <p>8:30 Supervised Pool Swimming PL 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite <i>Library, Target, Bank L</i> 1:30 LGU Music Appreciation w/ Michael Ludwig CH 2:00 Canasta MR 3:00 Current Events CH w/ Jeanette Axelrod 7:30 Netflix /Movie CH</p>	<p>21</p> <p>9:30 Exercise Video CH 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/Gary Scarpello CH 3:15 Yiddish Conversation MR 7:30 Entertainment CH Singer: Blair Johnson</p>	<p>22</p> <p>8:30 Supervised Pool Swimming 10:00 French MR 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/Steve 11:30 Trip: Lunch MOFF signup by 2/15 (LG Men Out For Fun) 1:00 Mahjongg MR 1:00 LGU Lecture Series: w/Herb 1:30 Tech4 U /Advance BMR 2:00-4:15 Art Class AR 2:15 Cantor Class w/Cantor Jana CH 7:30 Netflix /Movie CH</p>	<p>23</p> <p>9:30 Exercise Video CH 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite <i>Boscov's, Walmart, Dollar Store</i> 1:00 Duplicate Bridge MR 1:00 Canasta LBR 2:00 LGU Lecture Series: w/Ira Miller CH 3:00 LGU Lecture Series: w/ Stuart Liss CH 7:30 Netflix/Movie CH</p>	<p>24</p> <p>8:30 Supervised Pool Swimming PL 10:00 Chair Yoga w/Dave BCH 5:00 Kabbalat Shabbat CH</p>	<p>25</p> <p>11:30 Service CH 7:30 Netflix /Movie CH</p>
<p>26</p> <p>11:00 Exercise Video CH <i>Gentle Stretch</i> 1:00 Knitting with Sybil GR 2:00 LGU Art Appreciation CH w/ Professor Irene Sfakianos 7:30 Entertainment CH Night & Day Entertainment Presents: Phantom of the Opera</p>	<p>27</p> <p>8:30 Supervised Pool Swimming 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite <i>Library, Target, Bank L</i> 11:00 LGU Lecture Series: w/ Judy Okun CH 1:00 Hadassah Meeting CH 2:00 Canasta MR 3:00 Current Events CH 7:30 On Stage Live CH <i>Rebecca Luker</i></p>	<p>28</p> <p>9:30 Exercise Video CH 10:30 Mind, Body & Soul w/ Dave BCH 11:00 LGU Video Lecture Series: Shakespeare uncovered: Henry IV & Henry 0V 1:00 Tuesday Tea CH 2:30 LGU Travel & Photography w/ Pat Worley CH 3:30 Drama Group CH 7:30 Netflix /Movie CH</p>				<p>AR=Activities Room CH= Commons Hall CH=Chapel Back Commons Hall= BCH= MR=Media Room DR=Dining Room FC=Fitness Center GR=Great Room L=Lobby LBR=Library PDR=Private Dining Room PL=Pool BOLD PRINT=Signup \$=Cost</p>