

### Kellman Brown Academy Students Honor The 3 "Yoms" With Their Lions Gate Buddies

*The Better Together* intergenerational program joins Lions Gate residents and 5th & 7th grade Kellman Brown Academy students for monthly gatherings. Over the past 7 years this program has been an incredible journey of learning and fun for students and seniors. This visit, the group spent time talking about three "Yoms": Yom HaShoah (Holocaust



Remembrance Day), Yom HaZikaron (Israel's Day of Remembrance), and Yom Ha'atzmaut (Israeli Independence Day).

"Today, we're using video to spark conversation," said Shira Weinstein, Director of Student Services at KBA. "Students can learn so much from Lions Gate residents about the Yoms."

The group watched a video of daily life in Israel. When an alarm sounded throughout the country, the entire nation observed 2 minutes of silence on both Yom HaShoah and Yom HaZikaron. The students and Lions Gate residents alike were riveted. "I've been in Israel on Yom HaShoah," said resident Sybil Bernstein. "It is breathtaking to see the entire nation stop."



The group also watched a video of the United Nations vote to establish the country of Israel. "I remember listening to the radio as each country cast their vote," said resident Lois Goldberg.

"Israel is home for the Jewish people," said Shira. "It's home for ALL of us, and it's everyone's responsibility to care for it. That's what today's conversation is all about."



All Lions Gate residents are invited to participate in *Better Together*. In 2023-2024, the program will become part of the KBA Jewish Leadership Academy middle school program. For more information, contact Debbie Ravitz at dravitz@kellmanbrownacademy.org.

**SAVE** THE **DATE!** Use this summer to practice your short game so you can take to the links with confidence for the Susan Love Golf Classic!

The Susan Love Family Golf Classic will take place on **Sunday, October 15, 2023** from **Noon – 4:00 pm** 

Additional information about tickets and sponsorships to come.

## 1 Great Cottage Floor Plan: Sycamore B

### **Only 1 Left — Move In While You Can!**



The Lions Gate community welcomes new residents every week, and we're proud to say we're almost at capacity! We have just one option left: — a 2 bedroom/2 bathroom Sycamore Cottage B.

Don't wait! Schedule a visit and learn about all the services and amenities residents enjoy. Best of all, Lions Gate residents enjoy peace of mind knowing a full continuum of care is available to them on campus — Independent Living, Assisted Living, Memory Care, and Rehabilitative Care.

#### Not ready to move yet? No worries. Join our Waitlist with a deposit of just \$1,000.

(All deposits are fully refundable should you ever change your mind.)

Schedule a visit today. Contact Angela Stevens: (856) 679-2357 or AStevens@LionsGateccrc.org

### Lions Gate Board Member Spotlight: Brian Zell



Meet Dr. Brian Zell, President of the Lions Gate Board of Directors. "I was invited to join this wonderful Board 7 years ago," said Dr. Zell. "As a member of the Board, I have been Treasurer, Vice President, and I am just about to finish my term as President and move into the role of Immediate

Past President. As President, I'm a member of the Finance Committee and the Quality Assurance Committee. I'm also a member of the Friends of Jewish Senior Housing."

Dr. Zell's two years as Board President have been marked by several notable achievements. "During my tenure, the Board created a protected endowment in perpetuity from the sale of Dubin & Gesher House. Those funds will care for seniors for generations to come. We also created a Building Improvements Committee that identifies improvements needed in the infrastructure to the Assisted Living, Skilled Nursing, and Memory Care neighborhoods within Lions Gate, assuring our premier community stays competitive."

Dr. Zell has nothing but praise for his fellow Board Members. "The thing that I enjoy most about working on this Board are the amazing people that I collaborate with. They are engaged, smart, caring people who do great work. The vision of the Executive Committees that have come before us made our job easy. I am so grateful for their leadership."

Dr. Zell is particularly proud of his loving family. "Vicki, my bride of 45 years, is a dynamo, and her contributions to Jewish seniors are nothing short of amazing. We are blessed to have three children and two grandchildren, and it is the joy of our lives to get to babysit those two beautiful girls every Friday. Life is good."

### Tatina Carr, Lions Gate Director of Nursing, Wins Prestigious Award from LeadingAge

Lions Gate has a celebrity in its midst! Tatina Carr, our Director of Nursing, received the LeadingAge Excellence in Professional Advancement Award, for her notable contributions to senior care. According to LeadingAge NJ & DE, this award celebrates individuals who have assumed progressive leadership responsibilities, and have worked to build a shared vision, develop robust relationships, and enhance organizational capacity.

"By 2030, 3.5 million workers will be needed to care for our ever-growing senior population," notes LeadingAge NJ & DE's CEO Jim McCracken. "Tatina Carr has dedicated her entire life to healthcare and improving the lives of seniors. It's a tough job. Burnout is high, and we need to do everything we can to recognize the incredible contributions made by her and others."

"When I see all of the great work done by others who have received an award from LeadingAge, I'm very proud to be recognized," said Tatina. "I didn't realize I was impacting so many people just by going to work and giving my best every day. Working with seniors is my passion."

Tatina has worked at Lions Gate for over a decade. Beginning in 2012, Tatina started as the manager of the LTC (long-term care) dementia unit, then moved into the role of sub-acute



All smiles at the award ceremony. (From L to R) Award Presenter Miriam Ehrlich, Tatina Carr, Meredith Becker, and Jim McCracken.

rehab manager. In 2019, Tatina was promoted to the position of Director of Nursing. The patients, the care team staff, and the Lions Gate administration all have words of praise for her. "Tatina has a heart for service," said Meredith Becker, Lions Gate COO. "The care she brings to every patient interaction, the intelligence she contributes to every administrative discussion, and the experience she shares with every care team member all speak to how deserving she is of this award."

### Residents have a ball at the 2nd Annual Day of Love Event!

Everyone enjoyed a day of pampering at the 2nd Annual *Day of Love* event. To honor Susan Love's kind heart and celebrate her life of service to seniors, residents were treated to their choice of spa service — either a manicure or a hand massage. As everyone gathered in the library, they couldn't help but reminisce.

"Susan was the most welcoming person," said resident Sheryle Rosen. "She cared about the people. She cared about doing a great job. She made Lions Gate feel like a truly inclusive community because she worked hard to make a personal connection with everyone." Sheryle chose to get a hand massage for her spa service. "This massage feels wonderful," said Sheryle. "A little relaxation is always good for the soul."

Resident Jovina Spirgel had a ball chatting with her manicurist. "I love getting my nails done," said Jovina. "My grandson's wedding is coming up, and my gown is pink. It's the first of my 7 grandchildren to get married, so it's a very special occasion. I chose to get my nails painted pink at today's *Day of Love* event so I can see how they will look for the big day."

Resident Ida Geltzer was excited to join in the festivities.



Resident Sheryle Rosen enjoys getting a manicure.

"What a beautiful way to honor Susan," said Ida. "They do a wonderful job here. Everyone is so happy."

Resident Rochelle Spergel was happy to get a manicure. "I'm getting fancy today," she laughed.

We look forward to seeing everyone at next year's 3rd Annual *Day of Love* Event!

### Chai Respes Makes a Big Impression on Residents With Black History Month Lecture

How do we honor those who have come before us? Chai Respes asks himself that every day.

Chai is a lifelong student and educator of Judaism. His grandfather, Rabbi Abel Respes, was the first Rabbi of color in Philadelphia. In 1951, he founded Adat Beyt Moshe Congregation in North Philadelphia. His uncle, Rabbi Gamliel Respes, continued the family's work, and now Chai carries on his distinguished family legacy to bring more understanding through dialogue.

"I strive to help those who have ever felt marginalized or traumatized due to bigotry, racism, sexism, discrimination, or bias, to create a better world for everyone," said Chai. "I thank the seniors who live at Lions Gate. Without the work their generation has done, my sons would still be learning in a segregated school. Now my generation has to help all marginalized groups, whether they be in the LGBTQ+ community, refugees, or homeless. We all need to speak up and tell our children not to take their privilege for granted but use their privilege to lift others up."

The Lions Gate audience shared their own experiences of discrimination and were very interested in Chai's work as a

founding member of Achim Sheli: My Brothers and Sisters — a group at Congregation Beth El celebrating ethnic and cultural diversity.

"I, personally, am very proud of you and your wonderful family," said Lions Gate resident, Myrna Young. "You are a true credit to the Jewish people."

Lions Gate looks forward to more inspirational conversations with Chai.



The Respes Family — Tonia, Teo, Shai, Kobe, and Chai, with Sam Becker, and Meredith Becker, Lions Gate COO

### Birthday Fun for ALL at the Monthly Birthday Celebration!

Balloons and laughter fill the air at the Lions Gate monthly birthday bash!

"Each month we invite those celebrating a birthday to a private breakfast celebration," said Kim Clemons, Lions Gate Programming Director. "We

toast with mimosas, eat a delicious meal together, and sing 'Happy Birthday.' Each birthday celebrant receives a birthday cupcake and a personalized 'Daily Chronicle,' which details all the noteworthy events that have happened on their birthday, the famous celebrities that share their birthday, and some tricky birthday trivia. It's a great party!"

There were 30 celebrants this month, including two residents celebrating very special birthdays: Inek Einzinger celebrated his 104th birthday, and Minnie Kaufman celebrated her 105th birthday. WOW! Amidst all the lively chatter, some were happy to share their insights on growing older.

"Age is just a number. Have a good attitude," said resident Rita Seiden, celebrating her 95th birthday.



"It is so important to continue to build new relationships as you age," said resident Yeva Rubinstein,



celebrating her 84th birthday. "After losing a spouse, finding new friends, enjoying companionship, even falling in love again are all crucial to our longevity, happiness, and health."

"I wish everyone good health and strength," said resident Barbara Waxman, celebrating her 79th birthday, "which is a blessing my father would give to all. Our loved ones live on within us."

Looking forward to celebrating many more birthdays with all the Lions Gate residents!

# Monthly Happy Hour celebrates Israel's 75th Independence Day!

Each month, Lions Gate hosts a happy hour with live entertainment and refreshments. Residents come together to chat with friends and neighbors and enjoy some great music. April's happy hour had a special excitement, as the community celebrated Israel's 75th Independence Day.

"The day of the UN vote was so special," said resident Shirley Srolovitz. "When the votes were tallied, my family clapped and cheered. We certainly made a joyful noise! I now have a granddaughter who lives in Northern Israel, and it is such an important day there. I can't wait to call her and hear all about it."

"I was in 8th grade when Israel declared its independence," said resident Ruth Gross. "I remember my teacher brought it up in class, and she wasn't even Jewish. It was such a remarkable moment in history."



"The 75th anniversary is such a significant milestone," said

Dave Thompson, Lions Gate CEO. "It's great to have everyone together here in the Great Room to celebrate, with Susan's portrait smiling down on us. It's a really happy day today!"

Meredith Becker, Lions Gate COO, poured small glasses of Zachlawi Fig Arak for everyone. "We thought a little sip of this traditional Israeli liqueur was in order on this very special day," said Meredith. "L'chaim! The joy that has filled this room today is really touching."

Check the Activities Calendar for Lions Gate's monthly happy hour on a Wednesday at 3pm.

### Meet the Lions Gate Speech Language Pathologist!



Meet Kathy Sazonov, the Speech Language Pathologist at Lions Gate. "I've been a speech therapist for over 30 years," said Kathy. "I've treated patients in hospital settings, rehab centers, a head injury recovery center, and senior living communities. I've worked at Lions Gate for three years, and I really enjoy getting to know residents and listening to their life journey."

Kathy treats residents within every community at Lions Gate — Independent Living, Assisted Living, Skilled Nursing, Memory Care, and Short-Term Rehab. "As a speech therapist, I specialize in the evaluation, diagnosis, and treatment of problems with communication, cognition, speech, language, and swallowing," said Kathy. "These communication and swallowing issues may be related to neurological events, such as a stroke or head injury, or chronic disease such as neuro-degenerative diseases like Parkinson's or Alzheimer's. Speech therapy helps to improve an individual's ability to communicate or swallow. When indicated, exercises are used to strengthen weakened skill areas. I can teach a patient how to modify or adapt to situations, utilizing strategies that help them compensate for deficits. I also educate residents and their families with knowledge of impairments and help build pathways to improvement within the confines of disease process and medical conditions. It is rewarding when you can empower a resident by improving their functional ability."

Kathy Sazonov is happy to work with any Lions Gate resident or rehab patient who has a speech or swallowing need. Start by consulting with your physician for a speech referral.

## LIONS GATE UNIVERSITY

# *Famous Jewish Personalities* with Stuart Liss

Lions Gate residents flock to the Lions Gate University class: *Famous Jewish Personalities.* "I'd like to think I have super fans that come back week after week," said presenter, Stuart Liss. "Is it because I start every class with a joke? Who knows? In all sincerity, I think residents enjoy the class because I strive to leave them saying, 'Wow! I didn't know that!' The residents here are all very educated. If I'm going to teach about something, I have to do my research. The photos and videos I share have to be compelling, so they'll be back for more next week."

Stuart's class on *Famous Jewish Personalities* covers headliners in film, art, music, politics, and science. "My presentations go behind the scenes of a public figure," said Stuart. "I've done classes on everyone — Barbara Walters, Ruth Bader Ginsberg, Jonas Salk, Jack Benny, Hedy Lamarr, George Gershwin, Anthony Bourdain, Milton Friedman, Estée Lauder, and more. I also like to weave current events into the presentation and look at how that impacted the person's life and career. I create 150-200 slides for



every presentation, and I never read from notecards. Every class is more of a conversation, and I feed off the energy of the audience."

"Stuart's class is my favorite," said resident Keesie Spector. I come every week. I love Stuart's personality. He makes every class so fun and interesting."

"It's always surprising what you learn," said resident Barbara Lavin. "This week's class on Arthur Miller was terrific!"

Join Stuart every Thursday at 3pm — you never know what famous person will be spotlighted!

LIONS GATE | www.lionsgateccrc.org | (856) 679-2357

### The curtain goes up on the Lions Gate Broadway Club!

The newest club at Lions Gate is a MUST for theater lovers. "We started the *Broadway Club* so that residents could have more opportunities to enjoy live theater," said Kim Clemons, Lions Gate Programming Director. "The club members discuss the line-up of shows being performed at the Kimmel Center and the Bristol Theater. If there are 8 people or more that want to go see something, I set up a trip. I schedule our transport bus, buy the tickets, make the brunch reservation, and the group is all set for a wonderful day together at the theater."

The *Broadway Club* recently enjoyed the Kimmel Center performance of *Six*, about the six wives of Henry VIII, as well as a performance of *Cabaret* at the Bristol Theater. "I loved Six!" said resident Ina Beckman. "I have an interest in history and was very familiar with the life of Henry VIII. The show was terrific — the music, the costumes, the dancing, the actors were all wonderful, and had beautiful voices! We were all thrilled by the performance of Cabaret. The show was very different from the movie. There were additional songs not in the movie. It was truly moving. The actor who played Sally Bowles was just wonderful."

"I love the experience of live theater," said resident Keesie Spector. "I preferred the performance of *Cabaret* over *Six* but thoroughly enjoyed them both. I like to see both plays



and musicals, and I go to NYC frequently to see shows on Broadway. I also enjoy taking my grandchildren to see live theater. We all saw *The Lion King*, and everyone loved it. I'm hoping my grandchildren will always have a love of live theater."

Check the sign-up book for upcoming Broadway Club trips. All are welcome!

### It's the Gentlemen's Choice at Men's Movie Night

What movies do you think the guys watch at *Men's Movie Night*? War films? Sometimes. Silver screen classics? Definitely. Star-studded musicals? ABSOLUTELY!

"It's not the genre that defines *Men's Movie Night*," said resident Steve Anderson. "We don't decide the movie we're watching until we're all in the Media Room together. Then we pull up the various streaming services and see what strikes our fancy. One month we decided to watch a western, and we ended up watching the new remake of *All's Quiet on the Western Front*. Many of us had seen the original 1930 film or the 1979 version, so we watched the newest version, released in 2022. It was 2-1/2 hours long and was just heartbreaking. But many watching the movie had been in the armed forces, and watching this movie was really meaningful for them."

Since *Men's Movie Night* started in January, the guys have also watched *Ben Hur* and *Singing in the Rain*. "The chariot race in *Ben Hur* is a classic that all guys remember vividly," said Steve. "And *Singing in the Rain* was a huge hit back in



Good friends watching great movies together at Men's Movie Night.

the day. We all have fond memories of it but haven't seen it in years. It was great seeing it again."

*Men's Movie Night* isn't about film appreciation or in-depth story analysis. "We don't have a group discussion," laughed Steve. "This isn't a class. It's just a group of guys enjoying some really great movies. There's nothing better than that."

Join the guys for the next *Men's Movie Night* on a Tuesday at 7:30pm. Check the Activities Calendar for the exact date. All are welcome!



www.lionsgateccrc.org (856) 679-2357

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### *The Future of Classical Music Concert Series* brings the best young musicians to Lions Gate!

Lions Gate residents Steve Anderson and Fred Rickey are innovators. They wanted to provide rising classical music musicians with the opportunity to perform at Lions Gate, allowing residents the unique opportunity to see and hear the future of classical music. Here's how this new concert series came together...

"Fred and I are friends with Rose Glassberg, a Lions Gate resident who was a professor at Rowan University for many years," said Steve. "Rose connected us with Veda Zuponcic, a Professor of Piano at Rowan. Veda very generously introduced us to some of the most gifted young musicians I have ever had the privilege to listen to."

"The Lions Gate audiences have been wonderful," said Veda. "These young musicians all play at a professional level, having won prestigious national competitions. They are thrilled to be featured in this concert series and grateful for the chance to perform."



The concert founders and the night's performers. (From L to R) Steve Anderson, Stefania Osoreo, Martin Juarez, Christopher Shin, Juan Villanueva, Christian Hartman, and Fred Rickey.



The most recent concert, held on April 30th, was nothing short of spectacular. It featured pianist Christopher Shin, performing *Ravel's* piano transcription of *La Valse*; as well as the Dvorak Piano Quintet No. 2 together with the Rowan University String Quartet, comprised of Juan Villanueva, Martin Juarez, Stefania Osoreo, and Christian Hartman.

"I love classical music, and feel it is vital to support young musicians," said Fred. "Steve and I are both so happy that *The Future of Classical Music Concert Series* has been such a success."

Check the monthly calendar for concert dates/times. Every performance is exceptional!