SEPTEMBER 2024

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:00 Exercise Video CH Gentle Stretch 1:00 Social Bridge (looking for a game opened to everyone) MR 2:00 LGU Art History and Appreciation CH 7:30 Netflix Movie CH	2 LABOR DAY LABOR DAY 10:00 Exercise Video CH 11:00 Movie CH 1:00 – 3:00 BBQ DR 5:00 Entertainment CH Singer: Kelly Glover	 3 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave BCH 11:00 Yoga w/ Eileen MR 11:00 LGU Lecture Series: w/Gary Scarpello CH 12:00 Tell Your Story: Memoir writing w/ Elena Winter MR 2:30 LGU Travel & Photography w/ Pat Worley CH 3:15 Yiddish Conversation MR 7:30 Netflix Movie CH 	 4 10:00 TAI CHI Video (for beginners) CH 10:00 French LBR 10:00 Critical Thinking w/ Steve MR 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/Steve Pollack CH 1:00 LGU Lecture Series: w/Herb Kaufman CH 1:00 Mahjongg MR 1:30 -3:30 Art Class AR 2:15 Cantor Class w/Cantor Jana CH 7:30 The Jeff Dershin Show CH 	 5 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite Boscov's, Walmart, Dollar Store 11:00 LGU Ethics in Modern Life w/ Sarah Rosenson MR 1:00 Duplicate Bridge MR 1:00 Canasta GR/LBR 1:30 LGU Lecture Series: w/Trish 3:00 LGU Lecture Series: w/ Stuart Liss CH 7:30 Movie CH 	 6 10:00 Exercise Video BCH 11:00 Conversation w/ Friends LBR "TAWK" NY 11:00 Short Story MR 1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay 5:00 Kabbalat Shabbat CH 	7 11:30 SERVICE CH 7:30 Movie CH
 8 10:00 Trip: Les Misérables \$L 11:00 Exercise Video CH <i>Gentle Stretch</i> 1:00 Knitting with Sybil GR 1:00 Social Bridge (looking for a game opened to everyone) MR 2:00 LGU Art History and Appreciation CH 7:30 Future Stars Concert CH 	 9 9:30 TAI CHI Video (for beginners) CH 10:30 Mind, Body & Soul w/ Dave BCH 11:00 Shopping Bus - Shop Rite <i>Library, Target, Bank L</i> 1:30 LGU Music Appreciation w/ Michael Ludwig CH 2:30 00 Current Events CH w/ Jeanette Axelrod 7:30 BINGO CH 	10 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave BCH 11:00 Yoga w/ Eileen MR 11:00 LGU Video Lecture Series: 12:00 Men's Only Chew & Chat BCH signup by 9/6 1:00 TOLG DR signup by 9/6 7:30 Marc Sherman Show CH	11 10:00 TAI CHI Video (for beginners) CH 10:00 Critical Thinking w/ Steve MR 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series W/Steve 1:00 Mahjongg MR 1:30 Tech4 U/Advance BMR 1:30 -3:30 Art Class AR 3:00 Happy Hour Bistro 7:30 Netflix Movie CH	 12 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus 11:00 LGU Lecture Series: w/ Barbara Anderson MR 1:00 Duplicate Bridge MR 1:00 Canasta GR/LBR 2:00 LGU Lecture Series: w/Ira Miller CH 3:00 LGU Lecture Series: w/ Stuart 7:30 Movie CH 	 13 10:00 Exercise Video BCH 12:00 Trip: Marblehead Chowder House Restaurant signup by 9/6 1:00 Netflix Movie CH 5:00 Kabbalat Shabbat CH 	 14 11:30 SERVICE CH 7:30 Night & Day Entertainment CH Presents: French Opera (I1256 Love Paris)
 11:00 Exercise Video CH Gentle Stretch 11:00 LG Book Club MR 1:00 Social Bridge (looking for a game opened to everyone) MR 2:00 LGU Art History and Appreciation CH 7:30 Night & Day Entertainment CH Presents: "Who Can Ask for Anything More" music of Gershwin & Porter 	 16 9:30 TAI CHI Video (for beginners) CH 10:30 Mind, Body & Soul w/ Dave BCH 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 11:00 LGU Lecture Series: w/ Judy Okun CH 1:00 Ask the Therapist CH 2:00 Canasta MR 7:30 On Stage Live CH 	 17 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 Yoga w/ Eileen MR 11:00 LGU Video Lecture Series: 2:30 LGU Travel & Photography w/ Pat Worley CH 3:15 Yiddish Conversation MR 4:00 Trip: Café Aldo Lamberti \$L Sign up by 9/10 	 18 9:30 TAI CHI Video (for beginners) 10:00 French LBR 10:00 Critical Thinking w/ Steve MR 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/Steve 12:10 Better Together Kellman MR 1:00 LGU Lecture Series: w/ Harriet 1:00 Mahjongg MR 1:30 - 3:30Art Class AR 2:15 World Religion w/Cantor Jana 	 19 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Mind, Body& Soul w/ Dave 11:00 Shopping Bus - Shop Rite Boscov's, Walmart, Dollar Store 11:00 LGU Ethics in Modern Life w/ Sarah Rosenson MR 1:00 Duplicate Bridge MR 1:00 Canasta GR/LBR 3:00 LGU Lecture Series: w/ Stuart 7:30 Broadway w/Leila Joffe CH 	 20 10:00 Exercise Video BCH 10:00 Trip: Longwood Gardens \$L Sign up in signup book 11:00 LGU Lecture Series CH w/ Dr. Steve 1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay 5:00 Kabbalat Shabbat CH 	 21 11:30 SERVICE CH 6:30 Trip: Symphony in C \$L 7:30 Entertainment CH Allegro Concert
 22 11:00 Exercise Video CH <i>Gentle Stretch</i> 1:00 Knitting with Sybil GR 1:00 Social Bridge (looking for a game opened to everyone) MR 2:00 LGU Art History and Appreciation CH 7:30 Future of Classical Music CH W/ Steve Anderson 	Iohn Denver239:30 TAI CHI Video (for beginners) CH10:30 Mind, Body & Soul w/ Dave11:00 Shopping Bus - Shop Rite Library, Target, Bank L1:30 LGU Music Appreciation w/ Michael Ludwig CH2:00 Canasta MR2:30 Current Events CH w/ Jeanette Axelrod7:30 Netflix Movie CH	 7-30 Netflix Movie CH 24 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave BCH 11:00 LGU Video Lecture Series: 11:00 Yoga w/ Eileen MR 1:00 Tuesday Tea CH 7:30 Marc Sherman Show CH 	 7:30 The Leff Dershin Show CH 25 9:30 TAI CHI Video (for beginners) CH 10:00 Trip Winterthur \$L 10:00 Critical Thinking w/ Steve MR 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/Steve 1:00 Mahjongg MR 1:00 LGU Lecture Series: w/ Harriet 1:30-3:30 Art Class AR 2:15 Cantor Class w/Cantor Jana CH 7:30 History of Jewish Mummers CH 	 26 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Mind, Body& Soul w/ Dave 11:00 Shopping Bus - Shop Rite Boscov's, Walmart, Dollar Store 11:00"Inventions that Changed Our Lives," w/ Barbara Anderson MR 1:00 Duplicate Bridge MR 1:00 Canasta GR/LBR 2:00 LGU Lecture Series: w/Ira 3:00 LGU Lecture Series: w/ Stuart 7:30 Broadway w/Leila Loffe CH 	 27 9:00 – 3:00 FLU Clinic CH 10:00 Exercise Video BCH 1:00 Aging with Grace w/Elena Winter MR 5:00 Kabbalat Shabbat CH 	28 11 :30 SERVICE CH 7:30 Movie CH
 29 11:00 Exercise Video CH <i>Gentle Stretch</i> 11:30 Trip: The Gin Game \$L 1:00 Social Bridge (looking for a game opened to everyone) MR 2:00 LGU Art History and Appreciation CH 7:30 Future Stars Concert CH 	30 10:30 Mind, Body & Soul w/ Dave BCH 11:00 Shopping Bus - Shop Rite <i>Library, Target, Bank</i> L 11:00 LGU Lecture Series: w/ Judy Okun CH 1:00 Movie CH 2:00 Canasta MR 7:30 On Stage Live CH <i>Chuck Berry</i>	GRANDPARENTS fill the world with LOVE	HAPPY LABOR DAY * * *		Autumn	AR=Activities Room CH= Commons Hall CH=Chapel Back Commons Hall= BCH= MR=Media Room DR=Dining Room FC=Fitness Center GR=Great Room L=Lobby LBR=Library PDR=Private Dining Room PL=Pool BOLD PRINT=Signup \$=Cost