

JULY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FOR THE MOST ACCURATE PROGRAM SCHEDULE PLEASE REFER TO THE DAILY CALENDAR. 	HOME OF THE FREE BECAUSE OF THE BRAVE	1 9:30 Exercise Video CH 9:30 PingPong & Shuffleboard CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/ Mia 11:00 Yoga w/ Eileen MR 1:00 Tell Your Story: Memoir writing w/ Elena Winter MR 3:15 Yiddish Conversation LBR 7:30 Entertainment CH Singer: Chris Fitting	2 9:30 TAI CHI Video MR 10:00 French LBR 10:00 Critical Thinking w/ Steve CH 11:00 LGU Lecture Series: Steve Pollack CH 1:00 Mahjongg MR 1:00 LGU Lecture Series: w/ Herb Kaufman CH 2:15 Cantor Class w/Cantor Jana CH 7:30 Netflix /Movie CH	3 9:30 Exercise Video CH 9:30 PingPong & Shuffleboard CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite 11:00 LGU Lecture Series w/Barbara Anderson MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 3:15 LGU Lecture Series: w/ Stuart 7:30 Netflix /Movie CH	4 10:00 Exercise Video BCH 11:00 Short Story w/ Rose Glassberg MR 2:00 Netflix/Movie CH 5:00 Kabbalat Shabbat CH	5 11:30 SERVICE CH 7:30 Netflix /Movie CH
6 11:00 Exercise Video MR Gentle Stretch 12:00 – 2:00 BBQ 1:00 Social Bridge (looking for a game opened to everyone) MR 4:00 Night & Day Entertainment Presents: Marcus Chaney CH	7 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 11:00 LGU Lecture Series: w/ Judy Okun CH 2:00 Canasta MR 7:30 BINGO CH	8 9:30 Exercise Video CH 9:30 PingPong & Shuffleboard CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/ Dan 12:00 Men’s Only Chew & Chat BCH signup by 7/4 1:00 TOLG DR signup by 7/4 2:30 LGU Travel & Photography CH 4:00 Trip: Lamberti’s Signup by 7/4 7:30 Netflix /Movie CH	9 9:30 TAI CHI Video MR 10:00 Critical Thinking w/ Steve CH 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: Steve Pollack CH 1:00 Mahjongg MR 1:00 LGU Lecture Series w/ Herb Kaufman CH 2:30 New Resident Orientation CH 3:00 Happy Hour Bistro 7:30 The Jeff Dershin Show CH	10 9:30 Exercise Video CH 9:30 PingPong & Shuffleboard CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite 11:00 LGU Lecture Series w/Barbara 1:00 Duplicate Bridge MR 1:00 Canasta LBR 1:30 LGU Lecture Series:w/Trish CH 2:00 LGU Lecture Series: w/Ira MR 3:00 LGU Lecture Series: w/ Stuart 7:30 Netflix /Movie CH	11 10:00 Exercise Video BCH 11:00 LGU Lecture Series CH w/ Dr. Steve 12:00 Trip: Lunch: The Chicken or the Egg signup by 7/4 1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay 3:00 "Pollack's Critical Thinkers Discussion "CH 5:00 Kabbalat Shabbat CH	12 11:30 SERVICE CH 7:30 Entertainment CH Night & Day Entertainment CH Presents:
13 11:00 Exercise Video CH Gentle Stretch 1:00 Knitting with Sybil GR 1:00 Social Bridge (looking for a game opened to everyone) MR 2:00 LGU Art History and Appreciation MR 7:30 Concert CH Pianist: Melody Fada	14 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 11:00 LGU Lecture Series: w/ Judy Okun CH 1:30 Music History Appreciation CH 2:00 Canasta MR 7:30 On Stage Live CH The Borscht Belt	15 9:30 Exercise Video CH 9:30 PingPong & Shuffleboard CH 10:00 Water Aerobics PL 10:00 Trip: Tropicana Casino \$L 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/ Mia CH 11:00 Yoga w/ Eileen MR 3:15 Yiddish Conversation LBR 7:30 Singer: Meredith Beck CH	16 9:30 TAI CHI Video MR 10:00 Critical Thinking w/ Steve CH 10:00 French MR 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/Steve Pollack CH 1:00 Mahjongg MR 1:00 LGU Lecture Series: Harriet Hendel CH 2:15 Cantor Class w/Cantor Jana CH 7:30 Netflix /Movie CH	17 9:30 Exercise Video CH 9:30 PingPong & Shuffleboard CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite 11:00 LGU Ethics in Modern Life w/ Sarah Rosenson MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 3:00 LGU Lecture Series: w/ Stuart 7:30 Broadway w/Leila Joffe CH	18 10:00 Exercise Video BCH 11:00 LGU Lecture Series CH w/ Dr. Steve 1:00 Aging with Grace w/Elena Winter MR 3:00 "Pollack's Critical Thinkers Discussion "CH 5:00 Kabbalat Shabbat CH	19 11:30 SERVICE CH 7:30 Entertainment CH Night & Day Entertainment CH Presents:
20 11:00 Exercise Video CH Gentle Stretch 11:00 LG Book Club MR 1:00 Knitting with Sybil GR 1:00 Social Bridge (looking for a game opened to everyone) MR 2:00 LGU Art History and Appreciation CH 7:30 Netflix /Movie CH	21 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite 1:00 Ask the Therapist CH 2:00 Canasta MR 7:30 Netflix /Movie CH	22 9:30 Exercise Video CH 9:30 PingPong & Shuffleboard CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 Yoga w/ Eileen BCH 11:00 LGU Lecture CH 11:00 LGU Lecture Series: w/Dan Pantano 2:30 LGU Travel & Photography CH 7:30 Netflix /Movie CH	23 9:30 TAI CHI Video MR 10:00 Critical Thinking w/ Steve CH 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/Steve Hendel 1:00 Mahjongg MR 1:30 Tech 4 U MR 2:15 World Religion w/Cantor Jana MR 7:30 The Jeff Dershin Show CH	24 9:30 Exercise Video CH 9:30 PingPong & Shuffleboard CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite 12:00 “TAWK” NY Movie CH 1:00 Duplicate Bridge MR 1:00 Canasta LBR 2:00 LGU Lecture Series: w/Ira 3:00 LGU Lecture Series: w/ Stuart 7:30 Broadway w/Leila Joffe CH	25 10:00 Exercise Video BCH 10:00 Trip: Lunch & American Treasure Tour /a 100,000 square foot showcase of POP Culture (\$15 Tram Ride) signup by 7/18 1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay 3:00 "Pollack's Critical Thinkers Discussion "CH 5:00 Kabbalat Shabbat CH	26 11 :30 SERVICE C H 7:30 Netflix /Movie CH
27 11:00 Exercise Video CH Gentle Stretch 1:00 Knitting with Sybil GR 1:00 Social Bridge (looking for a game opened to everyone) MR 2:00 LGU Art History and Appreciation CH 7:30 Entertainment CH Night & Day Entertainment CH Presents:	28 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite L 1:30 Music History Appreciation CH 2:00 Canasta MR 7:30 On Stage Live CH Anna Moffo	29 9:30 Exercise Video CH 9:30 PingPong & Shuffleboard CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 Netflix /Movie CH 1:00 Tuesday Tea CH 7:30 Violinist: Claudia Pellegrini CH	30 9:30 TAI CHI Video MR 10:00 Critical Thinking w/ Steve CH 10:30 Mind, Body & Soul w/ Dave 11:00 LGU Lecture Series: w/Steve 1:00 Mahjongg MR 2:15 Cantor Class w/Cantor Jana CH 7:30 Netflix /Movie CH	31 9:30 Exercise Video CH 9:30 PingPong & Shuffleboard CH 10:00 Water Aerobics PL 10:30 Mind, Body & Soul w/ Dave 11:00 Shopping Bus - Shop Rite 11:00 LGU Ethics in Modern Life w/ Sarah Rosenson MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 3:00 LGU Lecture Series: w/ Stuart 7:30 Broadway w/Leila Joffe CH		AR=Activities Room CH= Commons Hall CH=Chapel Back Commons Hall= BCH= MR=Media Room DR=Dining Room FC=Fitness Center GR=Great Room L=Lobby LBR=Library PDR=Private Dining Room PL=Pool BOLD PRINT=Signup \$=Cost