

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FOR THE MOST ACCURATE PROGRAM SCHEDULE PLEASE REFER TO THE DAILY CALENDAR AR=Activities Room CH= Commons Hall CH=Chapel Back Commons Hall= BCH =MR=Media Room BMR = Back Media Room DR=Dining Room FC=Fitness Center GR =Great Room L=Lobby LBR=Library PDR=Private Dining Room PL=Pool BOLD PRINT =Signup						1 11:30 Service CH 7:30 Entertainment CH Night & Day entertainment Presents: Gloria Galante and Roberta Goren Harp and Flute duo
2  11:00 Exercise Video CH Gentle Stretch 2:00 LGU Art History Appreciation CH 7:30 Entertainment CH Name That Tune w/ DJ Mike	3 9:30 TAI CHI Video CH 10:30 Exercise w/ Dave BCH 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 1:00 Netflix /Movie CH 7:30 BINGO CH	4 ELECTION DAY/VOTING 9:30 Ping Pong & Exercise Video CH 10:00 Water Aerobics PL 10:30 Exercise w/ Dave BCH 11:00 LGU: Literary Fingerprints 12:30 Trip: The Humans of October 7th exhibit/JCC signup 11/3 1:00 Tell Your Story: Memoir writing w/ Elena Winter MR 2:30 LGU Travel & Photography CH 3:15 Yiddish Conversation MR 7:30 Netflix /Movie CH	5 9:30 TAI CHI Video MR 10:00 French LBR 10:00 Critical Thinking w/ Steve CH 10:30 Exercise w/ Dave GYM 11:00 LGU Lecture Series: w/Steve 1:00 Mahjongg MR 1:00- 3:30 Art Class AR 1:30 Tech4 U BMR 2:15 Cantor Class w/Cantor Jana CH 7:30 Singer: Jeff Dershin CH	6 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video CH 10:30 Exercise w/ Dave BCH 10:00 Water Aerobics PL 11:00 Shopping Bus L 11:00 LGU Lecture: Ethics MR 1:00 Duplicate Bridge MR 1:30 LGU Lecture Series: w/ Trish Chambers CH 1:00 Canasta LBR 3:15 LGU Lecture w/ Stuart Liss CH 7:30 Broadway w/Leila Joffe CH	7 10:00 Exercise Video BCH 11:00 Short Story MR 11:00 Trip: Mademoiselle Macaron Teahouse SL signup by 11/4 1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay 3:00 "Pollack's Critical Thinkers Discussion "BCH 5:00 Kabbalat Shabbat CH	8 11:30 Service CH 7:30 Netflix /Movie CH
9 11:00 Exercise Video CH Gentle Stretch 1:00 Knitting with Sybil GR 2:00 LGU Art History Appreciation CH 7:30 Entertainment CH Music Guild Sponsored Concert	10 9:30 TAI CHI Video CH 10:30 Exercise w/ Dave BCH 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 11:00 LGU Lecture Series: w/ Judy Okun CH 1:30 LGU Music Appreciation CH 2:00 Canasta MR 7:30 On Stage Live CH Marvin Gay (Marcus Chaney)	11 VETERANS DAY Ping Pong & Shuffleboard CH 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Exercise w/ Dave BCH 11:00 Yoga w/ Eileen BMR 11:00 LGU Lecture Series: w/Dan Pantano CH 1:00 Veterans Day Program CH 4:00 Trip: Steak 38 signup by 11/7 7:30 Pianist Marc Sherman CH	12 9:30 TAI CHI Video MR 10:00 LGU Lecture Series: Critical Thinking w/ Steve CH 10:30 Exercise w/ Dave GYM 11:00 LGU Lecture Series: w/Steve 12:00 Kellman Academy MR 1:00 Mahjongg LBR 1:00 – 3:00 Art Class AR 3:00 Happy Hour BISTRO 7:30 Netflix /Movie CH	13 9:30 Ping Pong & Shuffleboard 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Exercise w/ Dave BCH 11:00 Shopping Bus 11:00 LGU Lecture: w/ Barbara MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 2:00 LGU Lecture Series: w/Ira CH 3:00 LGU Lecture Series: w/ Stuart 5:00 Dinner Theatre /Hairspray signup by 11/10	14 10:00 Exercise Video BCH 11:00 LGU Lecture Series CH w/ Dr. Steve 12:00 Trip: The Woodbine Brotherhood Synagogue signup by 11/7 pricing will be on signup sheet 3:00 "Pollack's Critical Thinkers Discussion "BCH 5:00 Kabbalat Shabbat CH	15 11:30 Service CH 7:30 Entertainment CH Night & Day Entertainment Presents: Beth Mead and John Catterall – American Musical Landscape
16 11:00 Exercise Video CH Gentle Stretch 11:00 LG Book Club MR 2:00 LGU Art History Appreciation CH 7:30 Live Stream Chamber Music w/Joel Sheffield CH	17 9:30 TAI CHI Video CH 10:30 Exercise w/ Dave BCH 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 1:00 Ask the Therapist CH 2:00 Canasta MR 7:30 Songstress: Phyllis Chapell CH	18 Ping Pong & Shuffleboard CH 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Exercise w/ Dave BCH 11:00 LGU Literary Fingerprints 11:00 Yoga w/ Eileen BMR 12:00 Men’s Only Chew & Chat BCH signup by 11/5 1:00 TOLG DR signup by 11/5 3:15 Yiddish Conversation MR 7:30 Speaker Series w/ Fred Behrend CH	19 9:30 TAI CHI Video MR 10:00 French LBR 10:00 LGU Critical Thinking CH 10:30 Trip: Brunch &Arden Theatre SL sign up by 11/6 10:30 Exercise w/ Dave GYM 11:00 LGU Lecture Series: w/Steve 12:00 Kellman Academy MR 1:00 Mahjongg MR 1:00 LGU Lecture Series: w/ Harriet 1:30 – 3:00 Art Class AR 2:15 World Religion/Cantor Jana CH	20 9:30 Ping Pong & Shuffleboard 9:30 Exercise Video CH 10:30 Exercise w/ Dave BCH 10:00 Water Aerobics PL 11:00 Shopping Bus L 11:00 LGU Lecture: Ethics MR 12:00 “TAWK NY” movie MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 3:15 LGU Lecture w/ Stuart Liss CH 7:30 Broadway w/Leila Joffe CH	21 10:00 Exercise Video BCH 11:00 LGU Lecture Series CH w/ Dr. Steve 11:00 Peddlers Village /Cock n Bull signup by 11/14 1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay 3:00 "Pollack's Critical Thinkers Discussion "BCH 5:00 Kabbalat Shabbat CH	22 11:30 Service CH 7:30 Netflix /Movie CH
23 Trip: Brunch & Back to the Future SL 11:00 Exercise Video CH 1:00 Knitting with Sybil GR 2:00 LGU Art Appreciation CH 7:30 Night & Day Entertainment CH 30 11:00 Exercise Video CH 2:00 LGU Art History Appreciation 7:30 Netflix /Movie CH	24 9:30 TAI CHI Video CH 10:30 Exercise w/ Dave BCH 11:00 Shopping Bus 11:00 LGU Lecture Series: w/ Judy 1:30 LGU Music Appreciation CH 2:00 Canasta MR 1:30 LGU Lecture: 7:30 On Stage Live CH AL Jarreau	25 Ping Pong & Shuffleboard CH 9:30 Exercise Video CH 10:00 Water Aerobics PL 10:30 Exercise w/ Dave BCH 11:00 Yoga w/ Eileen BMR 11:00 LGU Lecture Series: w/Dan Pantano 2:30 LGU Travel & Photography CH 7:30 Pianist Marc Sherman CH	26 9:30 TAI CHI Video CH 10:00 LGU Critical Thinking CH 10:30 Exercise w/ Dave GYM 11:00 LGU Lecture Series: w/Steve 1:00 Mahjongg MR 1:00 LGU Lecture Series: w/ Harriet Hendel CH 1:00 – 3:00 Art Class AR 2:15 Cantor Class w/Cantor Jana CH 7:30 Netflix /Movie CH	27  11:00 Exercise Video CH 1:00-3:00 Dinner DR 4:00 Netflix /Movie CH 6:30 Netflix /Movie CH	28 10:00 Exercise Video BCH 1:00 Aging with Grace w/Elena Winter MR 3:00 "Pollack's Critical Thinkers Discussion "BCH 5:00 Kabbalat Shabbat CH	29 11:30 Service CH 7:30 Entertainment CH Night & Day Entertainment Presents: Duos for Men – Best male duets from pop and Broadway with Phil Zipkin and Steve Pollack