

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>11:00 Exercise Video CH <i>Gentle Stretch</i></p> <p>1:00 Social Bridge (looking for a game opened to everyone) MR</p> <p>2:00 LGU Art History and Appreciation CH</p> <p>7:30 Netflix /Movie CH</p>	<p>2</p> <p>10:30 Exercise w/ Dave BCH</p> <p>11:00 Shopping Bus - Shop Rite Library, Target, Bank L</p> <p>11:00 LGU Lecture Series: w/ Judy Okun CH</p> <p>1:00 Horticultural Inspiration RESCHEDULED for 2/23 we will use the signup sheet from 2/23</p> <p>2:00 Canasta MR</p> <p>7:30 BINGO CH</p>	<p>3</p> <p>9:30 Ping Pong & Shuffleboard CH</p> <p>9:30 Exercise Video CH</p> <p>10:00 Water Aerobics PL</p> <p>10:30 Exercise w/ Dave BCH</p> <p>11:00 Yoga w/ Eileen MR</p> <p>11:00 LGU Lecture Series: w/ Mia Local History Treasures CH</p> <p>12:00 Purim Service CH</p> <p>1:00 Tell Your Story: Memoir writing w/ Elena Winter MR</p> <p>3:15 Yiddish Conversation LBR</p> <p>7:30 Pianist Marc Sherman CH</p>	<p>4</p> <p>10:00 French LBR</p> <p>10:00 Critical Thinking MR</p> <p>10:30 Exercise w/ Dave GYM</p> <p>11:00 Lecture Series: w/Steve Pollack CH</p> <p>1:00 Tech 4 U MR</p> <p>1:00 Mahjongg LBR</p> <p>1:00 – 3:00 Art w/ Friends AR</p> <p>2:15 Cantor Class w/Cantor Jana CH</p> <p>7:30 Paramount +/Video</p>	<p>5</p> <p>9:30 Ping Pong & Shuffleboard CH</p> <p>9:30 Exercise Video CH</p> <p>10:00 Water Aerobics PL</p> <p>11:00 Shopping Bus L</p> <p>11:00 LGU Lecture Series / Barbara</p> <p>1:00 Duplicate Bridge MR</p> <p>1:00 Canasta LBR</p> <p>1:30 LGU Lecture Series: w/Trish Cambers CH</p> <p>3:15 LGU Lecture Series: w/ Stuart</p> <p>7:30 Broadway w/Leila Joffe CH</p>	<p>6</p> <p>10:00 Exercise Video BCH</p> <p>11:00 Kazoo Practice CH</p> <p>1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay</p> <p>3:00 "Pollack's Critical Thinkers Discussion "BCH</p> <p>5:00 Kabbalat Shabbat CH</p>	<p>7</p> <p>11:30 SERVICE CH</p> <p>7:30 Entertainment CH Night & Dat Entertainment Presents: TBD</p>
<p>8</p> <p>11:00 Exercise Video CH <i>Gentle Stretch</i></p> <p>1:00 Knitting with Sybil GR</p> <p>1:00 Social Bridge MR</p> <p>2:00 LGU Art History & Appreciation CH</p> <p>7:30 Netflix /Movie CH</p>	<p>9</p> <p>10:30 Exercise w/ Dave BCH</p> <p>11:00 Shopping Bus - Shop Rite Library, Target, Bank L</p> <p>1:30 Resident Association Meeting</p> <p>2:00 Canasta MR</p> <p>7:30 On Stage Live CH <i>Karen Carpenter</i></p>	<p>10</p> <p>9:30 Ping Pong & Shuffleboard</p> <p>9:30 Exercise Video CH</p> <p>10:00 Water Aerobics PL</p> <p>10:30 Exercise w/ Dave BCH</p> <p>11:00 Yoga w/ Eileen MR</p> <p>11:00 LGU Lecture Series: w/ Dan</p> <p>12:00 Men's Only Chew & Chat 3/6</p> <p>1:00 TOLG DR signup by 3/6</p> <p>2:30 LGU Travel & Photography</p> <p>7:30 Netflix /Movie CH</p>	<p>11</p> <p>10:00 Critical Thinking</p> <p>10:30 Exercise w/ Dave GYM</p> <p>11:00 Lecture Series: w/Steve</p> <p>1:00 Mahjongg BMR</p> <p>1:00 – 3:00 Art w/ Friends AR</p> <p>3:00 Happy Hour Bistro</p> <p>7:30 The Jeff Dershin Show CH</p>	<p>12</p> <p>9:30 Ping Pong & Shuffleboard CH</p> <p>9:30 Exercise Video CH</p> <p>10:00 Water Aerobics PL</p> <p>11:00 Shopping Bus L</p> <p>11:00 LGU Lecture Series: SarahMR</p> <p>1:00 Duplicate Bridge MR</p> <p>1:00 Canasta GR/LBR</p> <p>2:00 LGU Lecture Series: w/Ira</p> <p>3:00 LGU Lecture Series: w/ Stuart</p> <p>7:30 Paramount +/Video</p>	<p>13</p> <p>10:00 Exercise Video BCH</p> <p>10:00 Trip: Elena Wu signed up by 3/6</p> <p>11:00 LGU Lecture Series CH w/ Dr. Steve</p> <p>3:00 "Pollack's Critical Thinkers Discussion "BCH</p> <p>5:00 Kabbalat Shabbat CH</p>	<p>14</p> <p>11:30 SERVICE CH</p> <p>7:30 Netflix /Movie CH</p>
<p>15</p> <p>11:00 Exercise Video CH <i>Gentle Stretch</i></p> <p>11:00 LG Book Club MR</p> <p>1:00 Social Bridge MR</p> <p>2:00 LGU Art History and Appreciation MR</p> <p>7:30 Night & Day Entertainment CH Presents:TBD</p>	<p>16</p> <p>10:30 Exercise w/ Dave BCH</p> <p>11:00 Shopping Bus - Shop Rite Library, Target, Bank L</p> <p>11:00 LGU Lecture Series: w/ Judy Okun CH</p> <p>1:00 Ask the Therapist CH</p> <p>2:00 Canasta MR</p> <p>7:30 Netflix /Movie CH</p>	<p>17</p> <p>9:30 Ping Pong & Shuffleboard</p> <p>9:30 Exercise Video CH</p> <p>10:00 Water Aerobics PL</p> <p>10:30 Exercise w/ Dave BCH</p> <p>11:00 Yoga w/ Eileen MR</p> <p>11:00 LGU Lecture Series: w/ Mia Local History Treasures CH</p> <p>3:15 Yiddish Conversation MR</p> <p>4:30 Trip: Café Aldo Lamberti signup by 3/10</p> <p>7:30 Pianist: Steve Fertel CH</p>	<p>18</p> <p>10:00 French LBR</p> <p>10:00 LGU Critical Thinking CH</p> <p>10:30 Exercise w/ Dave GYM</p> <p>11:00 LGU Lecture Series: w/Steve</p> <p>1:00 Mahjongg BMR</p> <p>1:00 – 3:00 Art w/ Friends AR</p> <p>1:00 LGU Lecture Series: w/Harriet Hendel CH</p> <p>2:15 Cantor Class w/ Cantor Jana CH</p> <p>7:30 Netflix /Movie CH</p>	<p>19</p> <p>9:30 Ping Pong & Shuffleboard</p> <p>9:30 Exercise Video CH</p> <p>10:00 Water Aerobics PL</p> <p>11:00 Shopping Bus L</p> <p>11:00 LGU Lecture Series w/Barbara Anderson MR</p> <p>11:30 Service Bat Mitzvah CH</p> <p>1:00 Duplicate Bridge MR</p> <p>1:00 Canasta GR/LBR</p> <p>3:00 LGU Lecture Series: w/ Stuart</p> <p>7:30 Broadway w/Leila Joffe CH</p>	<p>20</p> <p>10:00 Exercise Video BCH</p> <p>11:00 LGU Lecture Series CH w/ Dr. Steve</p> <p>1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay</p> <p>3:00 "Pollack's Critical Thinkers Discussion "BCH</p> <p>5:00 Kabbalat Shabbat CH</p>	<p>21</p> <p>11:30 SERVICE CH</p> <p>7:30 On Demand Presents: Singer Meredith Beck CH</p>
<p>22</p> <p>11:00 Exercise Video CH <i>Gentle Stretch</i></p> <p>1:00 Knitting with Sybil GR</p> <p>1:00 Social Bridge MR</p> <p>2:00 LGU Art History and Appreciation CH</p> <p>7:30 Netflix /Movie CH</p>	<p>23</p> <p>10:30 Exercise w/ Dave BCH</p> <p>11:00 LGU Lecture Series: w/ Judy Okun CH</p> <p>11:00 Shopping Bus - Shop Rite Library, Target, Bank L</p> <p>1:30 LGU Lecture Series: Music History Appreciation</p> <p>2:00 Canasta MR</p> <p>7:30 Netflix /Movie CH</p>	<p>24</p> <p>9:30 Ping Pong & Shuffleboard</p> <p>9:30 Exercise Video CH</p> <p>10:00 Water Aerobics PL</p> <p>10:30 Exercise w/ Dave BCH</p> <p>11:00 Yoga w/ Eileen MR</p> <p>11:00 LGU Video Lecture Series: w/ Dan Pantano CH</p> <p>11:00 Yoga w/ Eileen MR</p> <p>2:30 LGU Travel & Photography CH</p>	<p>25</p> <p>10:00 Critical Thinking w/ Steve CH</p> <p>10:00 Trip: Lunch & Arden Theatre \$L (Ticket holders)</p> <p>11:00 LGU Lecture Series W/Steve CH</p> <p>1:00 LGU Lecture Series: w/ Harriet Hendel CH</p> <p>1:00 Mahjongg MR</p> <p>1:00 – 3:00 Art w/ Friends AR</p> <p>2:15 Cantor Class w/Cantor Jana CH</p> <p>7:30 The Jeff Dershin Show CH</p>	<p>26</p> <p>9:30 Exercise Video BCH</p> <p>10:00 Water Aerobics PL</p> <p>10:30 Mind, Body& Soul w/ Dave</p> <p>11:00 Shopping Bus - Shop Rite</p> <p>11:00 LGU Lecture Series: Lecture Series: Sarah Rosenson Ethic</p> <p>12:00 "TAWK" NY Bistro</p> <p>1:00 Duplicate Bridge MR</p> <p>1:00 Canasta GR/LBR</p> <p>2:00 LGU Lecture Series: w/Ira</p> <p>3:00 LGU Lecture Series: w/ Stuart</p> <p>7:30 Broadway w/Leila Joffe CH</p>	<p>27</p> <p>10:00 Exercise Video MR</p> <p>12:00 Mission BBQ signup by 3/13</p> <p>1:00 Aging with Grace w/Elena Winter MR</p> <p>3:00 "Pollack's Critical Thinkers Discussion "BCH</p> <p>5:00 Kabbalat Shabbat CH</p>	<p>28</p> <p>11 :30 SERVICE CH</p> <p>7:30 Netflix /Movie CH</p>
<p>29</p> <p>11:00 Exercise Video CH <i>Gentle Stretch</i></p> <p>1:00 Social Bridge MR</p> <p>2:00 LGU Art History and Appreciation CH</p> <p>7:30 Classical Music in Context CH <i>w/ Joel Sheffield</i></p>	<p>30</p> <p>10:30 Exercise w/ Dave BCH</p> <p>11:00 Shopping Bus - Shop Rite Library, Target, Bank L</p> <p>1:30 LGU Lecture Series: Music History Appreciation:</p> <p>2:00 Canasta MR</p> <p>7:30 On Stage Live CH <i>Joni Mitchell</i></p>	<p>31</p> <p>9:30 Ping Pong & Shuffleboard</p> <p>9:30 Exercise Video CH</p> <p>10:00 Water Aerobics PL</p> <p>10:30 Exercise w/ Dave BCH</p> <p>11:00 Yoga w/ Eileen MR</p> <p>7:30 Pianist Marc Sherman CH</p>	 <p>WOMEN'S HISTORY MONTH</p>	 <p>PURIM</p>	<p>FOR THE MOST ACCURATE PROGRAM SCHEDULE PLEASE REFER TO THE DAILY CALENDAR.</p>	<p>AR=Activities Room CH= Commons Hall CH=Chapel Back Commons Hall= BCH= MR=Media Room DR=Dining Room FC=Fitness Center GR=Great Room L=Lobby LBR=Library PDR=Private Dining Room PL=Pool BOLD PRINT=Signup \$=Cost</p>