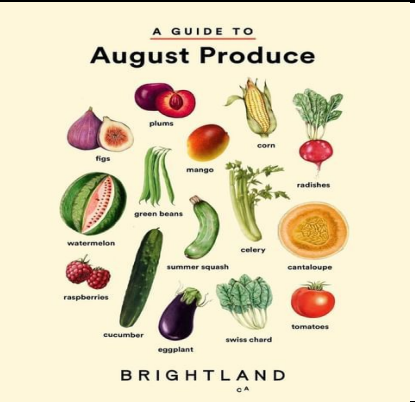


AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FOR THE MOST ACCURATE PROGRAM SCHEDULE PLEASE REFER TO THE DAILY CALENDAR AR=Activities Room CH= Commons Hall CH=Chapel Back Commons Hall= BCH = MR=Media Room BMR= Back Media Room DR=Dining Room FC=Fitness Center GR=Great Room L=Lobby LBR=Library PDR=Private Dining Room PL=Pool BOLD PRINT =Signup						1 11:30 Service CH 7:30 Entertainment CH Singer: Judith Knorr
2 11:00 Exercise Video CH <i>Gentle Stretch</i> 1:00 Knitting with Sybil GR 2:00 LGU Art History Appreciation CH 7:30 Paramount+ Video CH	3 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 1:30 LGU Music Appreciation CH 2:00 Canasta MR 7:30 BINGO CH	4 9:30 Ping Pong & Shuffleboard 9:30 Exercise Video MR 10:00 Water Aerobics PL 11:00 Yoga w/ Eileen BMR 11:00 LGU: Lecture series w/ Mia Johnson CH 1:00 Tell Your Story: Memoir writing w/ Elena Winter MR 2:00 RESIDENT TOWN HALL CH 7:30 LGU Speaker Series: Dr. Craig M. Wax CH	5 10:00 French LBR 10:00 Critical Thinking w/ Steve CH 11:00 LGU Lecture Series: w/Steve Pollack CH 1:00 Mahjongg MR 2:15 Religious Programming w/Cantor Jana CH 7:30 The: Jeff Dershin show CH	6 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video CH 10:00 Water Aerobics PL 11:00 Shopping Bus L 11:00 LGU Lecture: w/ Barbara Anderson MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 3:15 LGU Lecture w/ Stuart Liss CH 7:30 Broadway w/Leila Joffe CH	7 10:00 Exercise Video MR 1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay 3:00 "Pollack's Critical Thinkers Discussion "BCH 5:00 Kabbalat Shabbat CH	8 11:30 Service CH 7:30 Netflix /Movie CH
9 11:00 Exercise Video CH <i>Gentle Stretch</i> 1:00 Knitting with Sybil GR 2:00 LGU Art History Appreciation CH 7:30 Entertainment CH Singer: Steve Berstein	10 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 1:30 RESIDENT ASSOCIATION MEETING CH 2:00 Canasta MR 7:30 On Stage Live CH <i>Gwen Verdon</i>	11 Ping Pong & Shuffleboard CH 9:30 Exercise Video CH 10:00 Water Aerobics PL 11:00 LGU Lecture Series: w/Dan Pantano CH 12:00 Men's Only Chew & Chat BCH signup by 8/7 1:00 TOLG DR signup by 8/7 7:30 Pianist: Marc Sherman CH	12 10:00 Critical Thinking w/ Steve CH 11:00 LGU Lecture Series: w/Steve Pollack CH 1:00 Mahjongg LBR 1:30 Tech4 U BMR 3:00 Happy Hour BISTRO Beach Party  7:30 Concert CH <i>Classical Pianist: Emma Brailovsky</i>	13 9:30 Ping Pong & Shuffleboard 9:30 Exercise Video CH 10:00 Water Aerobics PL 11:00 Shopping Bus L 11:00 Trip: Anchor Program L <i>(New Jersey division of taxation)</i> 1:00 Duplicate Bridge MR 1:00 Canasta LBR 2:00 LGU Lecture Series: w/Ira CH 3:00 LGU Lecture Series: w/ Stuart 7:30 Paramount+ Video CH	14 10:00 Exercise Video BCH 11:00 LGU Lecture Series CH w/ Dr. Steve 12:00 Trip: Lunch LaScala Birra Signup by 8/7 3:00 "Pollack's Critical Thinkers Discussion "BCH 5:00 Kabbalat Shabbat CH	15 11:30 Service CH 7:30 Entertainment CH Night & Day Entertainment Presents: Jazz Night: Dave Posmontier & Dave Brodie
16 11:00 Exercise Video CH <i>Gentle Stretch</i> 11:00 LG Book Club MR 1:00 Knitting with Sybil GR 2:00 LGU Art History Appreciation CH 7:30 7:30 Paramount+ Video CH	17 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 1:00 Ask the Therapist CH 1:30 Laughter Wellness w/ Lucy Sheffield MR signup by 8/10 2:00 Canasta MR 7:30 Paramount+ Video CH	18 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video CH 10:00 Water Aerobics PL 11:00 Yoga w/ Eileen BMR 11:00 LGU: Lecture series w/ Mia Johnson CH 4:00 Trip: Scarpelli Italian Fusion Restaurant Signup by 8/11 7:30 Singer: Meredith Beck CH	19 10:00 French LBR 10:00 Critical Thinking w/Steve CH 11:00 LGU Lecture Series: w/Steve Pollack CH 1:00 Mahjongg MR 2:15 Cantor Class w/Cantor Jana CH 7:30 Paramount+ Video CH	20 9:30 Ping Pong & Shuffleboard 9:30 Exercise Video CH 10:00 Water Aerobics PL 11:00 Shopping Bus L 11:00 LGU Lecture: w/ Barbara Anderson MR 12:00 "TAWK NY" MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 3:00 LGU Lecture w/ Stuart Liss CH 7:30 Broadway w/Leila Joffe CH	21 10:00 Exercise Video MR 11:00 Trip: Woodford Ceder Run Wildlife Refuge cost \$10 signup by 8/14 11:00 LGU Lecture Series CH w/ Dr. Steve 1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay 3:00 "Pollack's Critical Thinkers Discussion "BCH 5:00 Kabbalat Shabbat CH	22 11:30 Service CH 7:30 Netflix /Movie CH
23 11:00 Exercise Video CH 1:00 Knitting with Sybil GR 2:00 LGU Art Appreciation CH 7:30 Night & Day Entertainment CH Presents: Patrice Hawthorne 30 11:00 Exercise Video CH 1:00 Knitting with Sybil GR 2:00 LGU Art History Appreciation 7:30 Netflix /Movie CH	24 11:00 Shopping Bus 11:00 LGU Lecture Series: Judy Okun CH 1:30 LGU Music Appreciation CH 2:00 Canasta MR 7:30 On Stage Live: Paul Anka CH 31 11:00 Shopping Bus 11:00 LGU Lecture Series: Judy Okun CH 7:30 Cellist Jeremy Rivers CH	25 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video CH 10:00 Water Aerobics PL 11:00 LGU Lecture Series: w/Dan Pantano 1:00 Tuesday Tea CH 7:30 Prime Video CH	26 10:00 LGU Critical Thinking CH 11:00 LGU Lecture Series: w/Steve Pollack CH 1:00 Mahjongg MR 2:15 Cantor Class w/Cantor Jana CH 7:30 The: Jeff Dershin show CH	27 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video CH 10:00 Water Aerobics PL 11:00 Shopping Bus L 1:00 Duplicate Bridge MR 1:00 Canasta LBR 2:00 LGU Lecture Series: w/Ira CH 3:00 LGU Lecture Series: w/ Stuart 7:30 Paramount+ Video CH	28 10:00 Exercise Video MR 12:00 Trip: Tomasello Winery SL signup by 8/14 1:00 Aging with Grace w/Elena Winter MR 3:00 "Pollack's Critical Thinkers Discussion "BCH 5:00 Kabbalat Shabbat CH	29 11:30 Service CH 7:30 Entertainment CH Night & Day Entertainment Presents: The Pajama Game