

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FOR THE MOST ACCURATE PROGRAM SCHEDULE PLEASE REFER TO THE DAILY CALENDAR. 				1 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video MR 10:00 Water Aerobics PL 11:00 Shopping Bus - Shop Rite 11:00 LGU Lecture Series / Barbara Anderson MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 3:15 LGU Lecture Series: w/ Stuart 7:30 Prime Video /Movie CH	2 10:00 Exercise Video MR 11:30 Trip: New Leaf Tea Room SL 1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay 3:00 "Pollack's Critical Thinkers Discussion "CH  5:00 Kabbalat Shabbat CH	3 11:30 SERVICE CH 
4  11:30 SERVICE CH 7:30 Entertainment CH Singer: Judith Knorr	5 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 1:30 Music History Appreciation: CH 2:00 Canasta MR 3:00 Chess Instruction w/ Byron Druss (All levels welcome) LBR  7:30 BINGO CH	6 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video MR 10:00 Water Aerobics PL 11:00 Yoga w/ Eileen MR 11:00 LGU Lecture Local Treasures: w/ Mia Johnson 3:00 LGU Travel & Photography CH 7:30 Netflix /Movie CH	7 10:00 French LBR 10:00 LGU Critical Thinking CH 11:00 LGU Lecture Series: w/Steve 1:00 Mahjongg MR 2:15 Cantor Class w/Cantor Jana CH 7:30 The Jeff Dershin Show CH	8 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video MR 10:00 Water Aerobics PL 11:00 Shopping Bus L 11:00 LGU Ethics in Modern Life w/ Sarah Rosenson MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 1:30 LGU w/ Trisch Chambers CH 3:00 LGU Lecture Series: w/ Stuart 7:30 Netflix /Movie CH	9 10:00 Exercise Video MR 11:00 LGU Lecture Series CH w/ Dr. Steve 12:00 Trip: Chowder House \$ Signup by 10/5 3:00 "Pollack's Critical Thinkers Discussion "CH 5:00 Kabbalat Shabbat CH	10 11:30 Service CH 7:30 Entertainment CH Night & Day Entertainment Presents: Harpist: Gloria Galante
11 11:00 Trip: Brunch & Ritz Theatr Of Trolls & Men SL 11:00 Exercise Video MR Gentle Stretch 1:00 Sewing Circle w/ Sybil GR 2:00 LGU Art History and Appreciation CH 7:30 Entertainment CH Pianist: Vitalii Khairutdino	12 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 1:30 Resident Association Meeting CH 2:00 Canasta MR 7:30 On Stage Live CH Sherill Milnes	13 9:30 Ping Pong & Shuffleboard 9:30 Exercise Video MR 10:00 Water Aerobics PL 11:00 Yoga w/ Eileen MR 11:00 LGU Lecture: w/ Dan Pantano CH 12:00 Men’s Chew & Chat Sign up 1:00 Tast of Lions Sign up by 10/7 7:30 Entertainment CH Pianist Marc Sherman	14 10:00 LGU Critical Thinking CH 11:00 LGU Lecture Series: w/Steve 1:00 Mahjongg BMR 3:00 Happy Hour Bistro Entertainment /Steve Fertel 7:30 Netflix /Movie CH	15 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video MR 10:00 Water Aerobics PL 11:00 Shopping Bus L 11:00 LGU Lecture Series / Barbara Anderson MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 2:00 LGU Lecture Series: w/Ira 3:00 LGU Lecture Series: w/ Stuart 7:30 Prime Video /Movie CH	16 10:00 Exercise Video MR 11:00 LGU Lecture Series CH w/ Dr. Steve 1:00 LGU Lecture Series CH Opera w/ Gerry Tremblay 3:00 "Pollack's Critical Thinkers Discussion "CH 5:00 Kabbalat Shabbat CH	17 11:30 Service CH 7:30 Entertainment CH Singer: Steve Berstein
18 11:00 Exercise Video MR Gentle Stretch 11:00 LGU Book Club MR 1:00 Sewing Circle w/ Sybil GR 2:00 LGU Art History and Appreciation CH 7:30 Prime Video /Movie CH	19 Change Your Hair, Change a Life. 10:30- 12:30 Think Pink Streak Breast Cancer Awareness Salon 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 11:00 LGU Lecture Series: w/ Judy Okun CH 1:30 Music History Appreciation: CH 2:00 Canasta MR 7:30 On Stage Live CH Dolly Parton	20 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video MR 10:00 Water Aerobics PL 11:00 LGU Lecture: Local Treasures: w/ Mia Johnson CH 11:00 Yoga w/ Eileen MR 4:15 Trip: Riverwinds \$L sign up by 10/12 7:30 Netflix /Movie CH	21 10:00 French LBR 10:00 LGU Critical Thinking CH 11:00 LGU Lecture Series: w/Steve 12:00 Kellman Academy MR 1:00 Mahjongg MR 1:00 Horticultural Inspiration CH Signup by 10/12 2:15 w/ Cantor Jana 7:30 The Jeff Dershin Show CH	22 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video MR 10:00 Water Aerobics PL 11:00 Shopping Bus - Shop Rite 11:00 LGU Ethics in Modern Life w/ Sarah Rosenson MR 1:00 Duplicate Bridge MR 1:00 Canasta LBR 3:00 LGU Lecture Series: w/ Stuart 7:30 Broadway w/Leila Joffe CH	23 10:00 Exercise Video MR 1:00 Aging with Grace w/Elena Winter CH 3:00 "Pollack's Critical Thinkers Discussion "CH 5:00 Kabbalat Shabbat CH	24 11 :30 Service CH 7:30 Prime Video /Movie CH
25 11:00 Exercise Video MR Gentle Stretch 1:00 Sewing Circle w/ Sybil GR 2:00 LGU Art History and Appreciation CH 7:30 Classical Music in Context CH w/ Joel Sheffield	26 11:00 Shopping Bus - Shop Rite Library, Target, Bank L 11:00 LGU Lecture Series: w/ Judy Okun CH 2:00 Canasta MR 7:30 Chamber Music (Live Stream) CH Hosted by: Joel Sheffield	27 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video MR 10:00 Water Aerobics PL 11:00 Yoga w/ Eileen MR 11:00 LGU Lecture w/Dan Pantano CH 1:00 Tuesday Tea CH 3:00 LGU Travel & Photography CH 7:30 Entertainment CH Pianist: Marc Sherman	28 10:00 LGU Critical Thinking CH 11:00 LGU Lecture Series: w/Steve 1:00 Mahjongg MR 2:15 Cantor Class w/ Cantor Jana CH 7:30 Netflix /Movie CH	29 9:30 Ping Pong & Shuffleboard CH 9:30 Exercise Video MR 10:00 Water Aerobics PL 11:00 Shopping Bus - Shop Rite 11:30 “TAWK” NY movie 1:00 Duplicate Bridge MR 1:00 Canasta LBR 2:00 LGU Lecture Series: w/Ira 3:00 LGU Lecture Series: w/ Stuart 7:30 Broadway w/Leila Joffe CH	30 10:00 Exercise Video MR 11:00 Trip: Lunch Akria & Philadelphia SL 3:00 "Pollack's Critical Thinkers Discussion "CH 5:00 Kabbalat Shabbat CH	31 11:30 Service CH 7:30 Entertainment CH Night & Day Entertainment Presents: GREASE